

ECONOMIC IMPACT OF THE EMPIRE STATE TRAIL

COUNTY-SPECIFIC ECONOMIC IMPACT PROFILES

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These county-specific economic impact profiles are a supplemental resource to Parks & Trails New York's 2026 Economic Impact of the Empire State Trail report, available at www.ptny.org.

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Parks & Trails New York

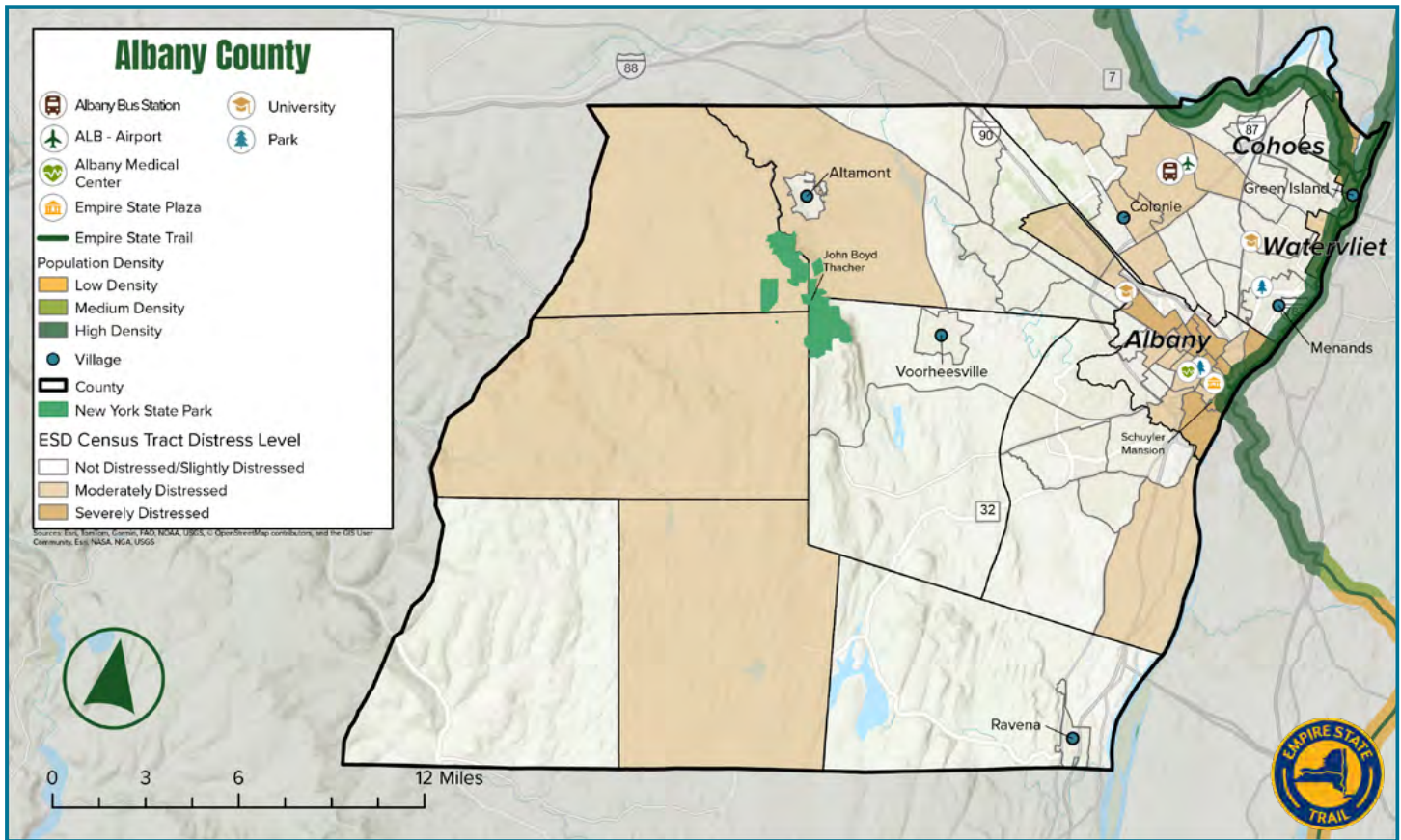
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ERIE CANALWAY TRAIL

ALBANY | SCHENECTADY | MONTGOMERY | HERKIMER | ONEIDA | MADISON | ONONDAGA |
CAYUGA | SENECA | WAYNE | MONROE | ORLEANS | NIAGARA | ERIE

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: ALBANY COUNTY



Albany County is located in the Capital District on the west bank of the Hudson River. The major cities in the county are Albany, Watervliet, and Cohoes. The trail acts as a vital connector between the capital city and the surrounding small cities and suburban communities. Both the Erie Canalway Trail and the Champlain Valley Trail run through the county, with the former going from Albany to Schenectady County, and the latter going from Green Island to Cohoes.

Albany County is home to 314,848 residents. The median household income is \$80,900, which is 6% lower than the statewide median income. The trail runs 24.5 miles through the county, including 13.8 miles through distressed communities. The trail is primarily off-road, featuring 19.3 miles of dedicated off-road paths.

In the county, the trail attracts 636,150 visitors per year, who spend an average of \$31.83 per visit. Spending is determined by population density along trail segments. The trail provides \$5,103,000 in health benefits to residents. The trail has also eliminated 6,277,000 in Vehicles Miles Traveled (VMT) and saved \$3,348,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Albany by the Numbers

24.5 miles

of the Empire State Trail within the County
with 19.3 miles of off-road trail

636,150 visits

to the County's trail segment each year

\$119 million

in economic output is generated
each year from trail visits

1,204 businesses

located within 1/4 mile of the trail

65,914 residents

live within 1/4 mile of the trail

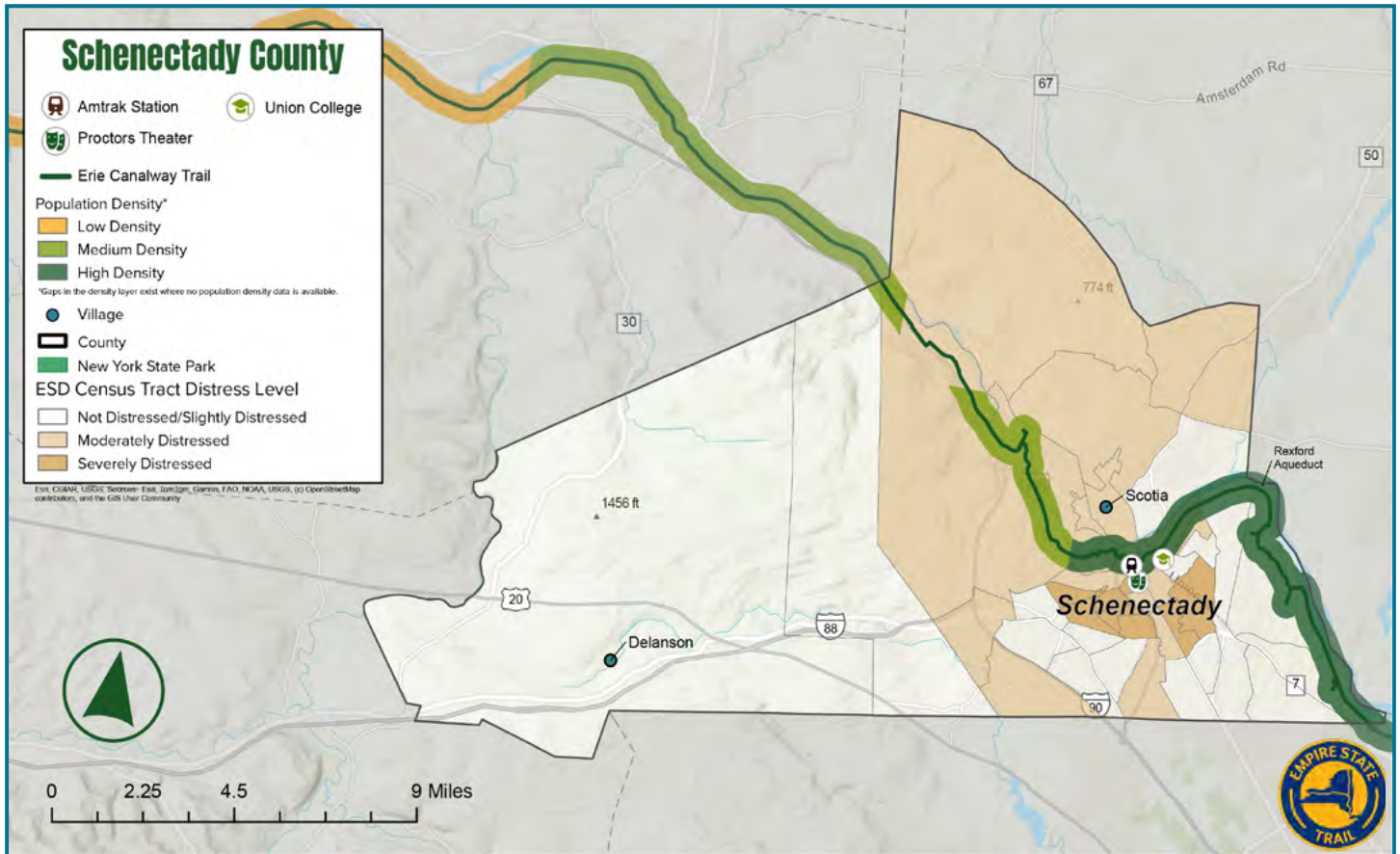
13.8 miles

serving distressed communities

6.28 million Vehicle Miles Traveled
(VMT) eliminated through trail use

\$3.3 million in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: SCHENECTADY COUNTY



Schenectady County is located in the Capital District, near the confluence of the Hudson and Mohawk Rivers. The major city in the county is Schenectady. The trail acts as a vital connector within the county, and to the smaller village of Scotia across the Mohawk River.

Schenectady County is home to 158,061 residents. The median household income is \$80,856 which is 6% lower than the statewide median income. The Erie Canalway Trail runs 23.6 miles through the county, including 22.7 miles through distressed communities. The trail is primarily off-road, with the only on-road section being through the owtown portions of Schenectady.

In the county, the trail attracts 223,040 visitors per year, who spend an average of \$30.54 per visit. Spending is determined by population density along trail segments. The trail provides \$1,789,000 in annual health benefits to residents. The trail has also eliminated 2,201,000 in Vehicles Miles Traveled (VMT) and saved \$262,000 in emissions each year.

Schenectady by the Numbers

23.6 miles

of the Empire State Trail within the County
with 22.7 miles of off-road trail

223,040 visits

to the County's trail segment each year

\$42.7 million

in economic output is generated
each year from trail visits

564 businesses

located within 1/4 mile of the trail

54,383 residents

live within 1/4 mile of the trail

13.9 miles

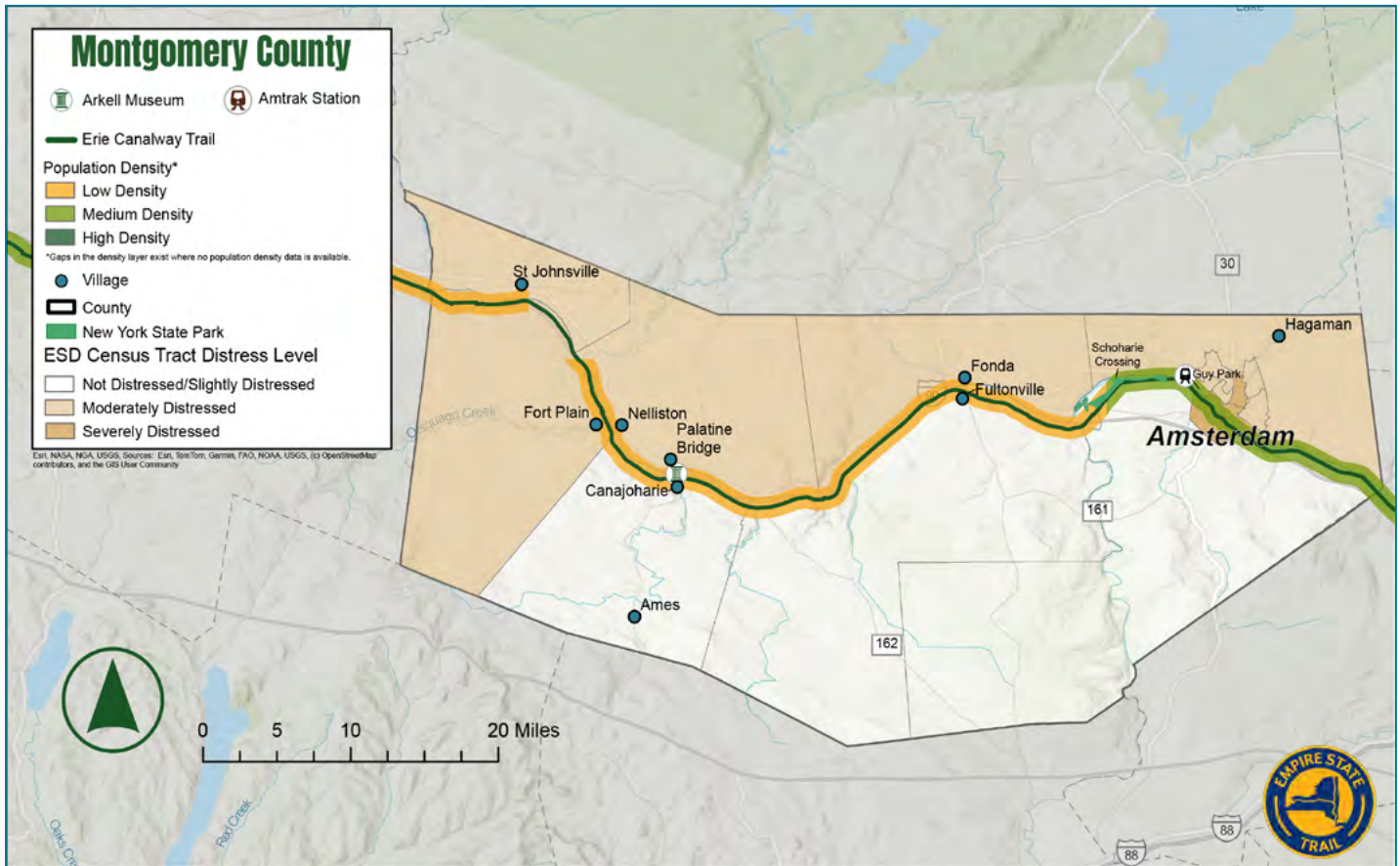
serving distressed communities

2.2 million Vehicle Miles Traveled
(VMT) eliminated annually through trail use

\$262,000 in annual carbon savings
from reductions in VMT

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: MONTGOMERY COUNTY



Montgomery County is located in the Mohawk Valley along the Mohawk River. The major city in the county is Amsterdam. The trail acts as a vital connector between Amsterdam, and the smaller villages of Fort Plain, Canajoharie, Palantine Bridge, Nelliston, Fonda, Fultonville, and St. Johnsville.

Montgomery County is home to 49,532 residents. The median household income is \$64,943, which is 24% lower than the statewide median income. The Erie Canalway Trail runs 41.6 miles through the county, including 11.4 miles through the distressed communities of Fort Plain, Fonda, Nelliston, and St. Johnsville. The trail is primarily off-road.

In the county, the trail attracts 129,850 visitors per year, who spend an average of \$13.78 per visit. Spending is determined by population density along trail segments. The trail provides \$1,042,000 in health benefits to residents. The trail has also eliminated 1,281,000 in Vehicles Miles Traveled (VMT) each year and saved \$152,000 in emissions annually.

Montgomery by the Numbers

41.6 miles

of the Empire State Trail within the County
with 40.1 miles of off-road trail

129,850 visits

to the County's trail segment each year

\$22.7 million

in economic output is generated
each year from trail visits

240 businesses

located within 1/4 mile of the trail

37,174 residents

live within 1/4 mile of the trail

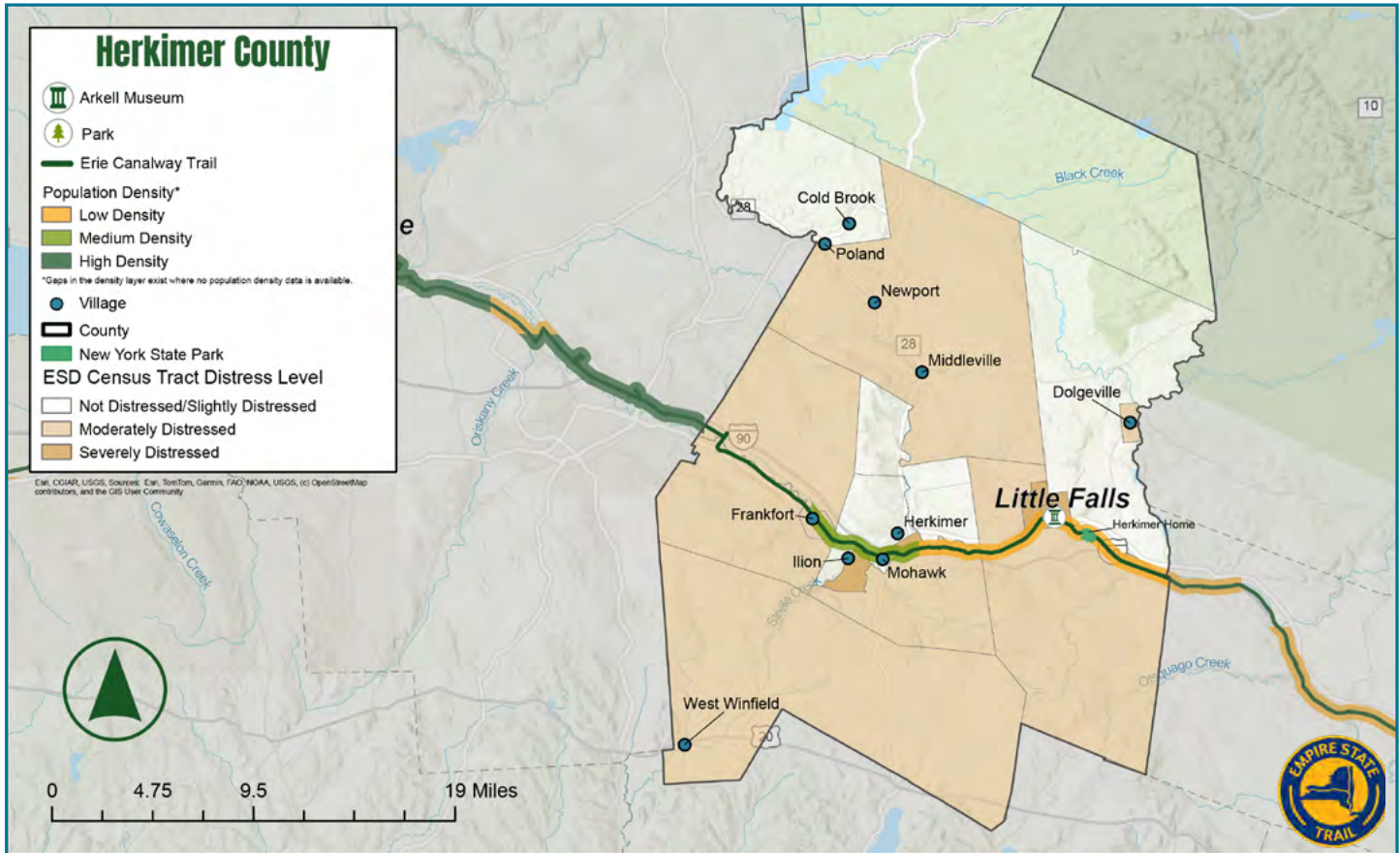
11.4 miles

serving distressed communities

1.28 million Vehicle Miles Traveled
(VMT) eliminated annually through trail use

\$152,000 in annual carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: HERKIMER COUNTY



Herkimer County is located in the Mohawk Valley along the Mohawk River. The major city in the county is Little Falls. The trail acts as a vital connector between Little Falls and the smaller villages of Frankfort, Ilion, Mohawk, and Herkimer.

Herkimer County is home to 60,139 residents. The median household income is \$68,515, which is 20% lower than the statewide median income. The Erie Canalway Trail runs 27.2 miles through the county, 19.2 miles of which are off road. Of the total, 24.6 miles pass through distressed communities, including the villages of Frankfort, Ilion, and Mohawk.

In the county, the trail attracts 129,940 visitors per year, who spend an average of \$15.22 per visit. Spending is determined by population density along trail segments. The trail provides \$1,430,000 in health benefits to residents. The trail has also eliminated 1,280,000 in Vehicles Miles Traveled (VMT) annually and saved \$152,000 in emissions each year.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Herkimer by the Numbers

27.2 miles

of the Empire State Trail within the County
with 19.2 miles of off-road trail

129,940 visits

to the County's trail segment each year

\$22.7 million

in economic output is generated
each year from trail visits

172 businesses

located within 1/4 mile of the trail

42,794 residents

live within 1/4 mile of the trail

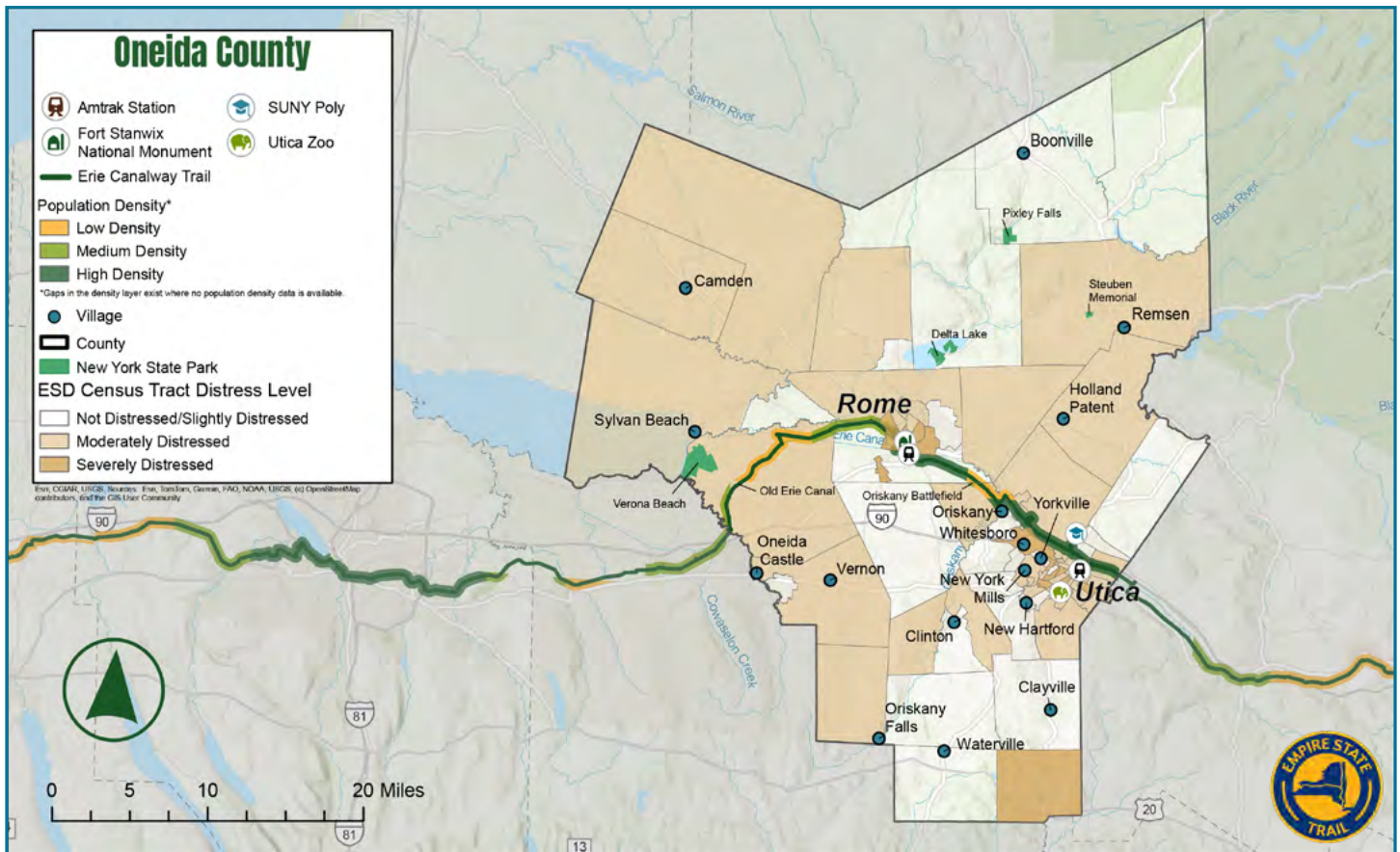
24.6 miles

serving distressed communities

1.28 million Vehicle Miles Traveled (VMT)
eliminated through trail use

\$152,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: ONEIDA COUNTY



Oneida County is located in central New York, in the Mohawk Valley along the Mohawk River and the historic Erie Canal. The two major cities in the county are Utica and Rome. The trail acts as a vital connector between Utica and Rome and the smaller villages of Whitesboro, Yorkville, and Oriskany.

Oneida County is home to 232,135 residents. The median household income is \$73,207, which is 15% lower than the statewide median income. The Erie Canalway Trail runs 38.4 miles through the county, 31.8 miles of the trail is off-road and 29.7 miles of the trail run through distressed communities.

In the county, the trail attracts 205,300 visitors per year, who spend an average of \$21.09 per visit. Spending is determined by population density along trail segments. The trail provides \$1,647,000 in health benefits to residents. The trail has also eliminated 2,000,000 in Vehicles Miles Traveled (VMT) and saved \$241,000 in emissions annually.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Oneida by the Numbers

38.4 miles

of the Empire State Trail within the County
with 31.8 miles of off-road trail

205,300 visits

to the County's trail segment each year

\$37.6 million

in economic output is generated
each year from trail visits

512 businesses

located within 1/4 mile of the trail

53,565 residents

live within 1/4 mile of the trail

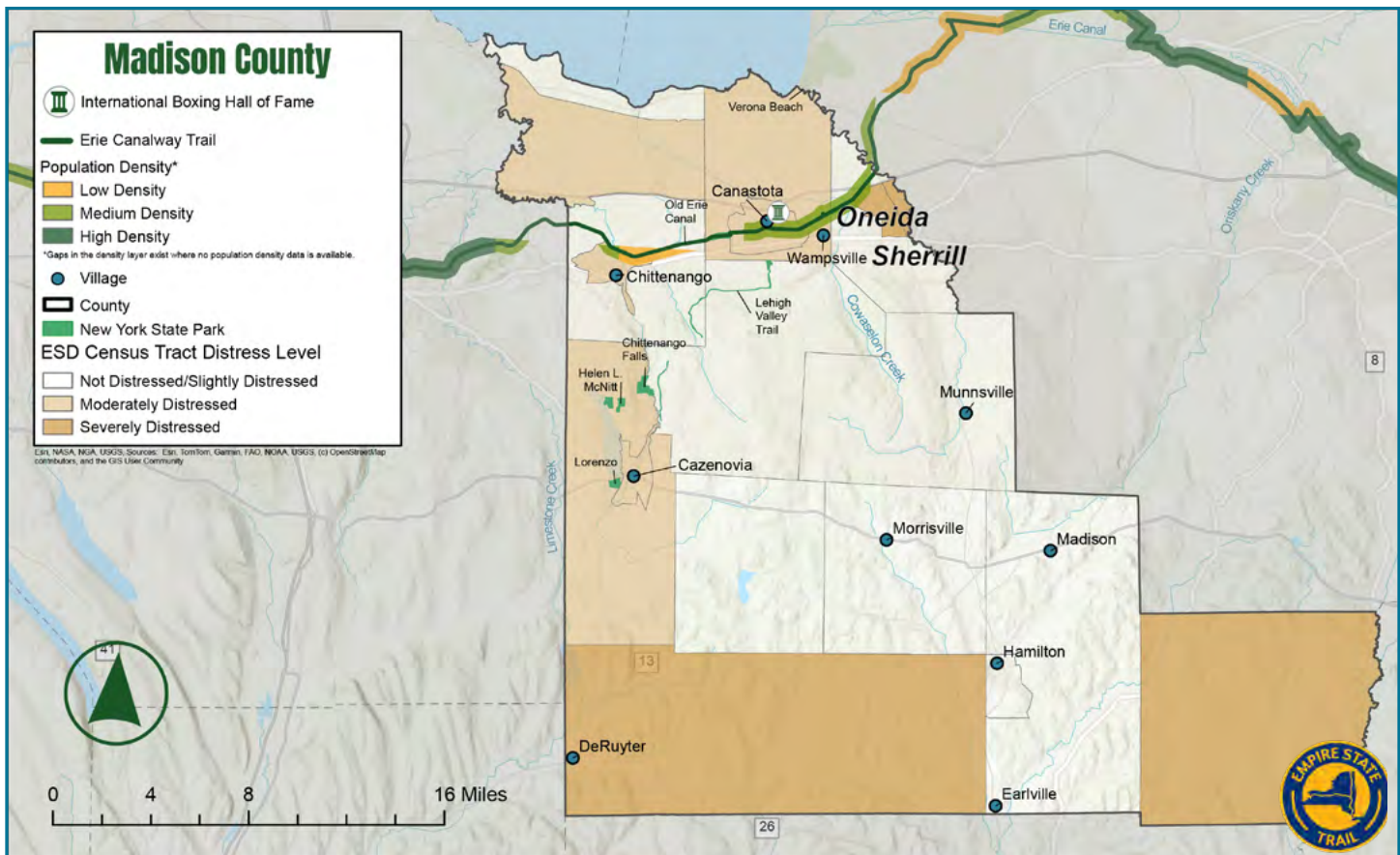
29.7 miles

serving distressed communities

2.0 million Vehicle Miles Traveled (VMT)
eliminated through trail use

\$241,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: MADISON COUNTY



Madison County is located in central New York along the historic Erie Canal. The major cities in the county are Oneida and Sherrill. The trail acts as a vital connector between Oneida and Sherrill and the smaller villages of Canastota, Chittenango, and Wampsville.

Madison County is home to 60,016 residents. The median household income is \$73,455, which is 14% lower than the statewide median income. The Erie Canalway Trail runs 13.6 miles through the county, including 12.8 miles of off-road trail and 9.1 miles through the distressed communities of Canastota and Wampsville. The trail is primarily off-road.

In the county, the trail attracts 98,820 visitors per year, who spend an average of \$11.42 per visit. Spending is determined by population density along trail segments. The trail provides \$793,000 in health benefits to residents. The trail has also eliminated 975,000 in Vehicles Miles Traveled (VMT) and saved \$116,000 in emissions annually.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Madison by the Numbers

13.6 miles

of the Empire State Trail within the County
with 12.8 miles of off-road trail

98,820 visits

to the County's trail segment each year

\$16.9 million

in economic output is generated
each year from trail visits

104 businesses

located within 1/4 mile of the trail

24,791 residents

live within 1/4 mile of the trail

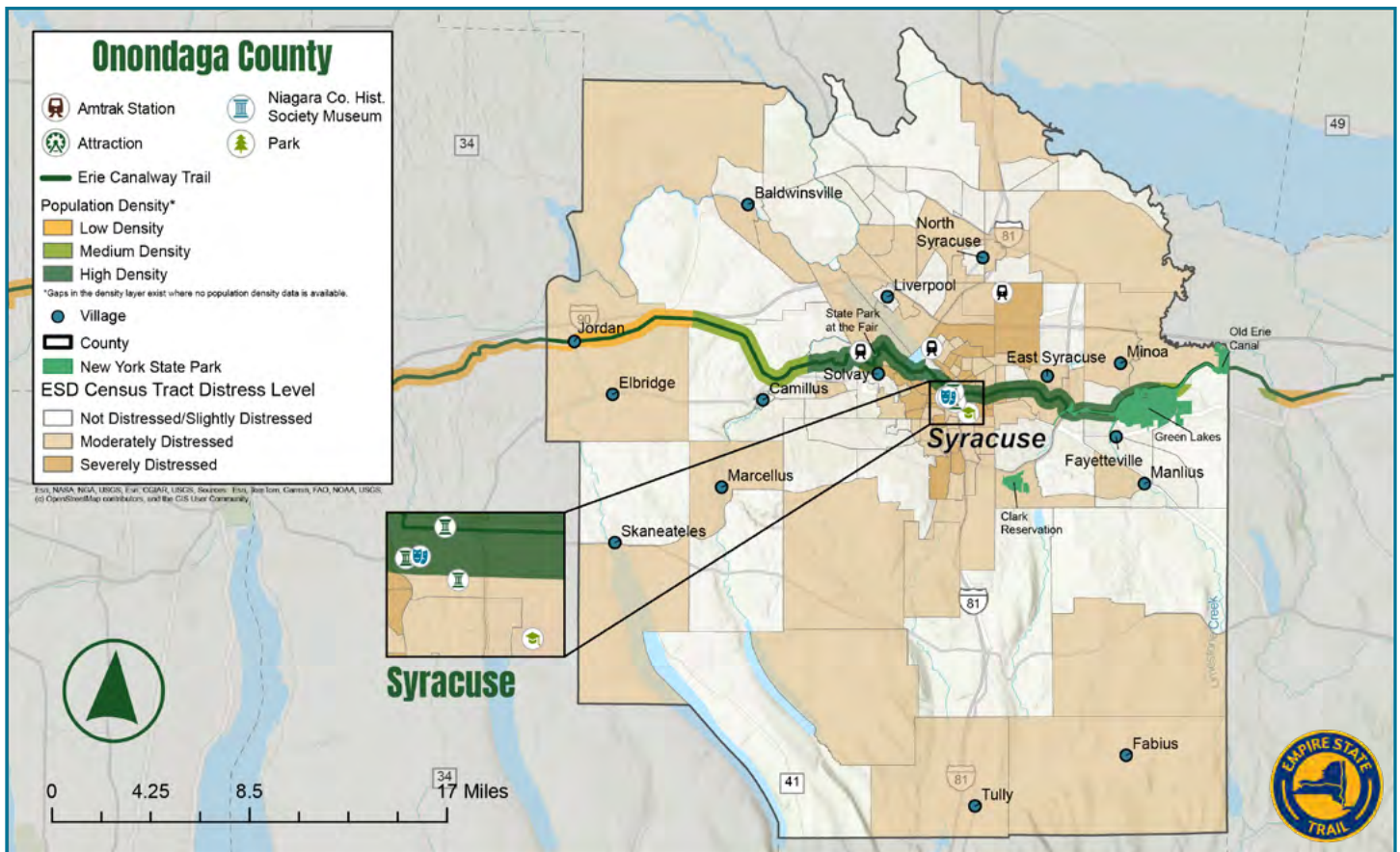
9.1 miles

serving distressed communities

975,000 Vehicle Miles Traveled (VMT)
eliminated through trail use

\$116,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: ONONDAGA COUNTY



Onondaga County is located in central New York, along the historic Erie Canal. The major city in the county is Syracuse. The trail acts as a vital connector between Syracuse and the smaller villages of Camillus, Solway, Liverpool, East Syracuse, Fayetteville, and Jordan.

Onondaga County is home to 476,516 residents. The median household income is \$76,442, which is 11% lower than the statewide median income. The Erie Canalway Trail runs 36.4 miles through the county, including 34.4 miles of off-road trail and 21.5 miles through distressed communities, including the villages of Jordan and Solway. The trail is primarily off-road.

In the county, the trail attracts 589,820 visitors per year, who spend an average of \$27.54 per visit. Spending is determined by population density along trail segments. The trail provides \$4,731,000 in health benefits to residents. The trail has also eliminated 5,820,000 in Vehicles Miles Traveled (VMT) and saved \$692,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Onondaga by the Numbers

36.4 miles

of the Empire State Trail within the County
with 34.4 miles of off-road trail

589,820 visits

to the County's trail segment each year

\$113.2 million

in economic output is generated
each year from trail visits

1,895 businesses

located within 1/4 mile of the trail

104,619 residents

live within 1/4 mile of the trail

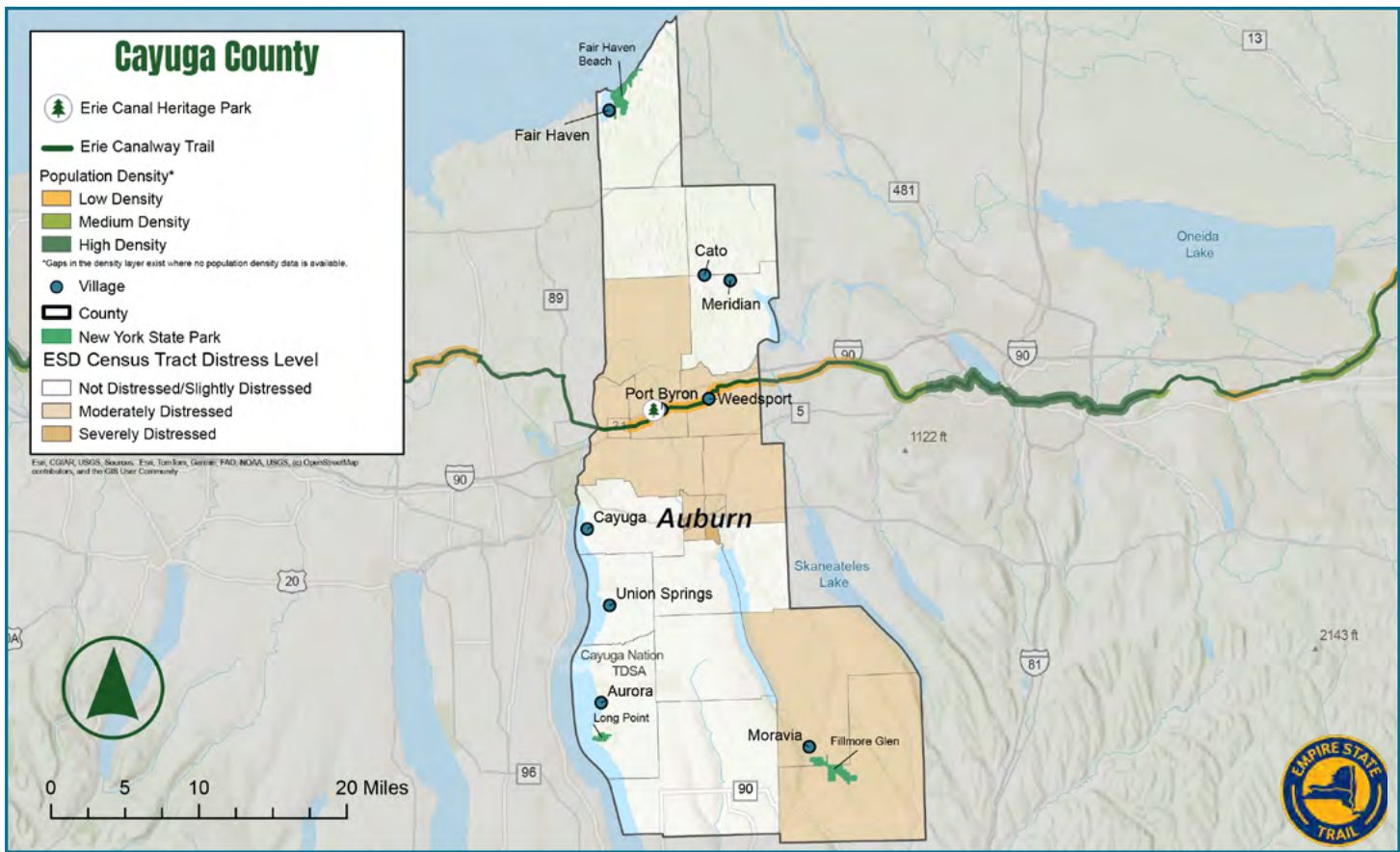
21.5 miles

serving distressed communities

5.82 million Vehicle Miles Traveled
(VMT) eliminated through trail use

\$692,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: CAYUGA COUNTY



Cayuga County is located in central New York, in the heart of the Finger Lakes region. The major city in the county is Auburn. The trail acts as a vital connector between the smaller villages of Port Byron, Weedsport and the Town of Montezuma.

Cayuga County is home to 76,248 residents. The median household income is \$66,799, which is 22% lower than the statewide median income. The Erie Canalway Trail runs 11.2 miles through the county, all of which runs through the distressed communities of Port Byron and Weedsport. The trail is a majority off-road except between Port Byron and the Cayuga County border.

In the county, the trail attracts 81,610 visitors per year, who spend an average of \$15.07 per visit. Spending is determined by population density along trail segments. The trail provides \$655,000 in health benefits to residents. The trail has also eliminated 805,000 in Vehicles Miles Traveled (VMT) and saved \$96,000 in emissions annually.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Cayuga by the Numbers

11.2 miles

of the Empire State Trail within the County
with 6.3 miles of off-road trail

81,610 visits

to the County's trail segment each year

\$14.2 million

in economic output is generated
each year from trail visits

155 businesses

located within 1/4 mile of the trail

11,227 residents

live within 1/4 mile of the trail

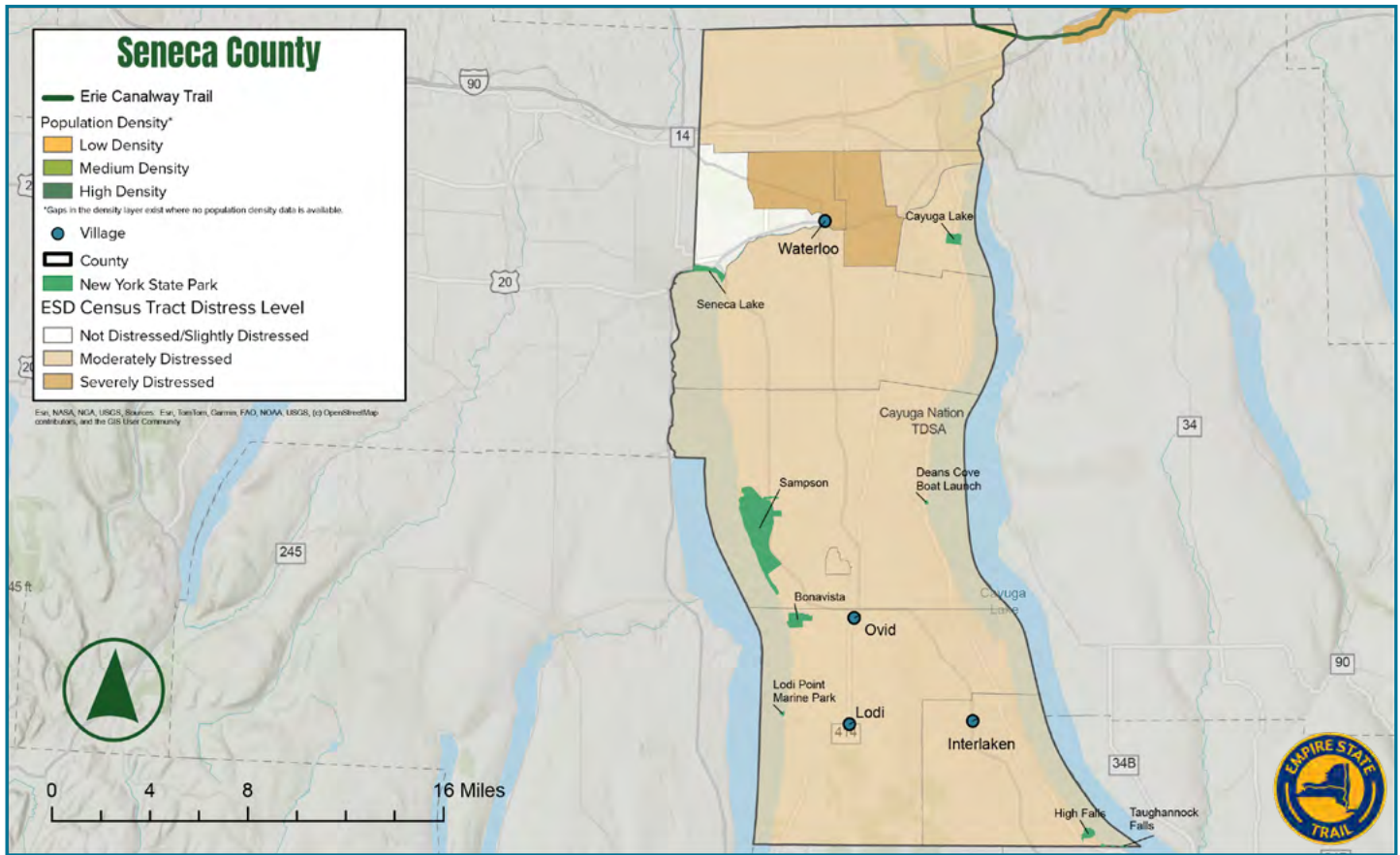
11.2 miles

serving distressed communities

805,000 Vehicle Miles Traveled (VMT)
eliminated annually through trail use

\$96,000 in carbon savings
annually from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: SENECA COUNTY



Seneca County is located in the heart of New York's Finger Lakes region, between Seneca Lake and Cayuga Lake. The county's villages include Waterloo, Ovid, Lodi, and Interlaken. The Erie Canalway Trail clips the northern edge of the county, linking it to the broader statewide trail network.

Seneca County is home to 33,814 residents. The median household income is \$68,089, which is 21% lower than the statewide median income. The Erie Canalway Trail runs 1.7 miles through the county, all of which pass through distressed communities. This segment is entirely on-road.

In the county, the trail attracts 5,780 visitors per year, who spend an average of \$11.42 per visit. Spending is determined by population density along trail segments. The trail provides \$46,000 in health benefits to residents. The trail has also eliminated 57,000 in Vehicles Miles Traveled (VMT) and saved \$7,000 in emissions annually.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Seneca by the Numbers

1.7 miles
of the Empire State Trail within the County

5,780 visits
to the County's trail segment each year

\$964,400
in economic output is generated
each year from trail visits

0 businesses
located within 1/4 mile of the trail

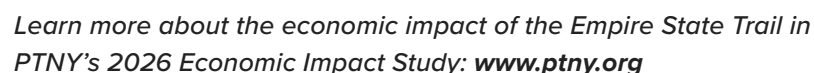
2,401 residents
live within 1/4 mile of the trail

1.7 miles
serving distressed communities

57,000 Vehicle Miles Traveled (VMT)
eliminated through trail use

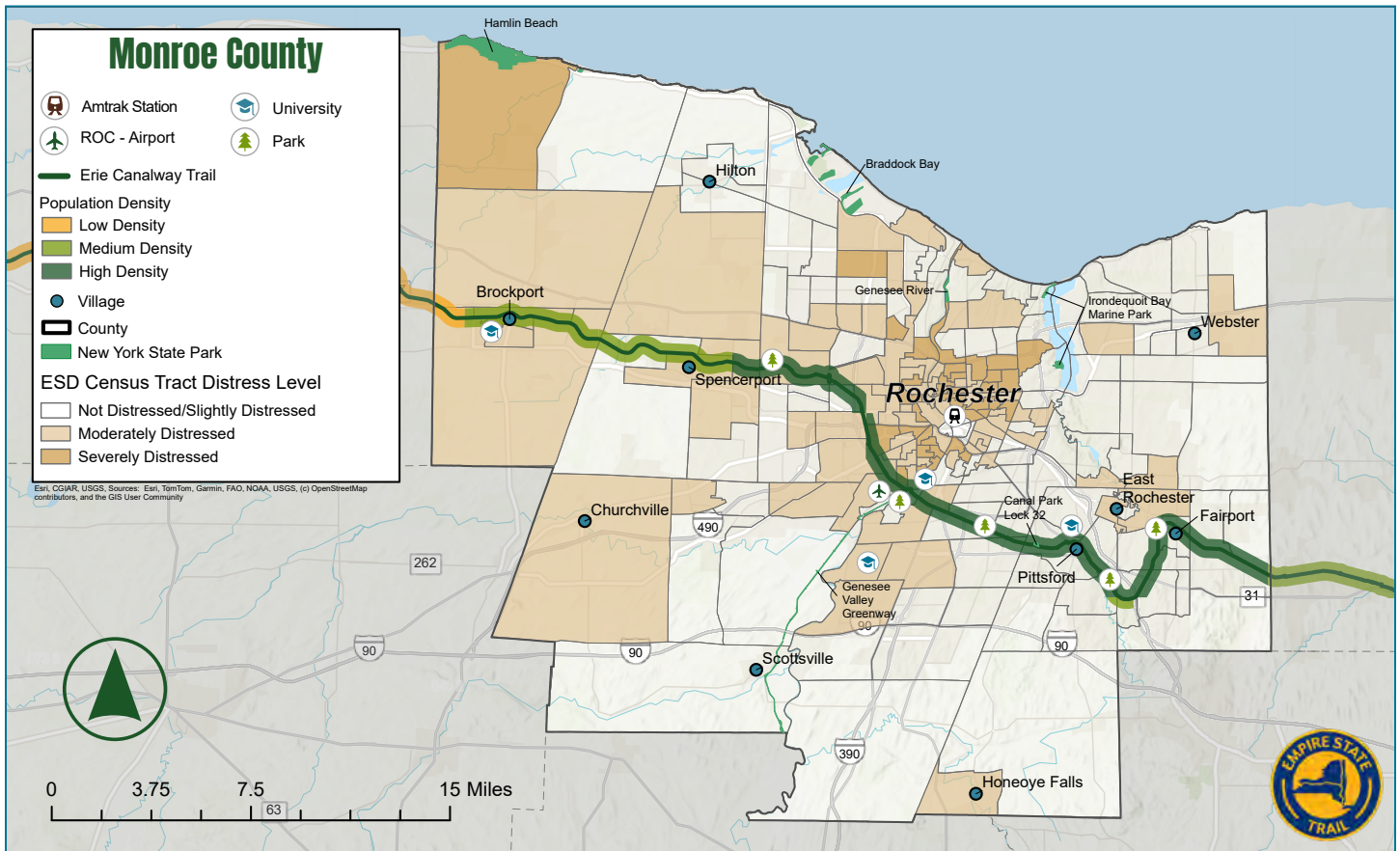
\$7,000 in carbon savings
from reductions in VMT

PARKS & TRAILS
NEW YORK



\$210,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: MONROE COUNTY



Monroe County is located in western New York, along the historic Erie Canal and the southern shore of Lake Ontario. The major city in the county is Rochester. The trail acts as a vital connector between Rochester and the smaller villages of Brockport, Spencerport, Pittsford and Fairport.

Monroe County is home to 749,443 residents. The median household income is \$76,520, which is 11% lower than the statewide median income. The Erie Canalway Trail runs 41.0 miles through the county, including 39.8 miles of off-road trail and 19.2 miles through distressed communities. The trail is primarily off-road.

In the county, the trail attracts 675,840 visitors per year, who spend an average of \$23.29 per visit. Spending is determined by population density along trail segments. The trail provides \$1,430,000 in health benefits to residents. The trail has also eliminated 6,669,000 in Vehicles Miles Traveled (VMT) and saved \$793,000 in emissions annually.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Monroe by the Numbers

41.0 miles

of the Empire State Trail within the County
with 39.8 miles of off-road trail

675,840 visits

to the County's trail segment each year

\$131.1 million

in economic output is generated
each year from trail visits

1,676 businesses

located within 1/4 mile of the trail

170,415 residents

live within 1/4 mile of the trail

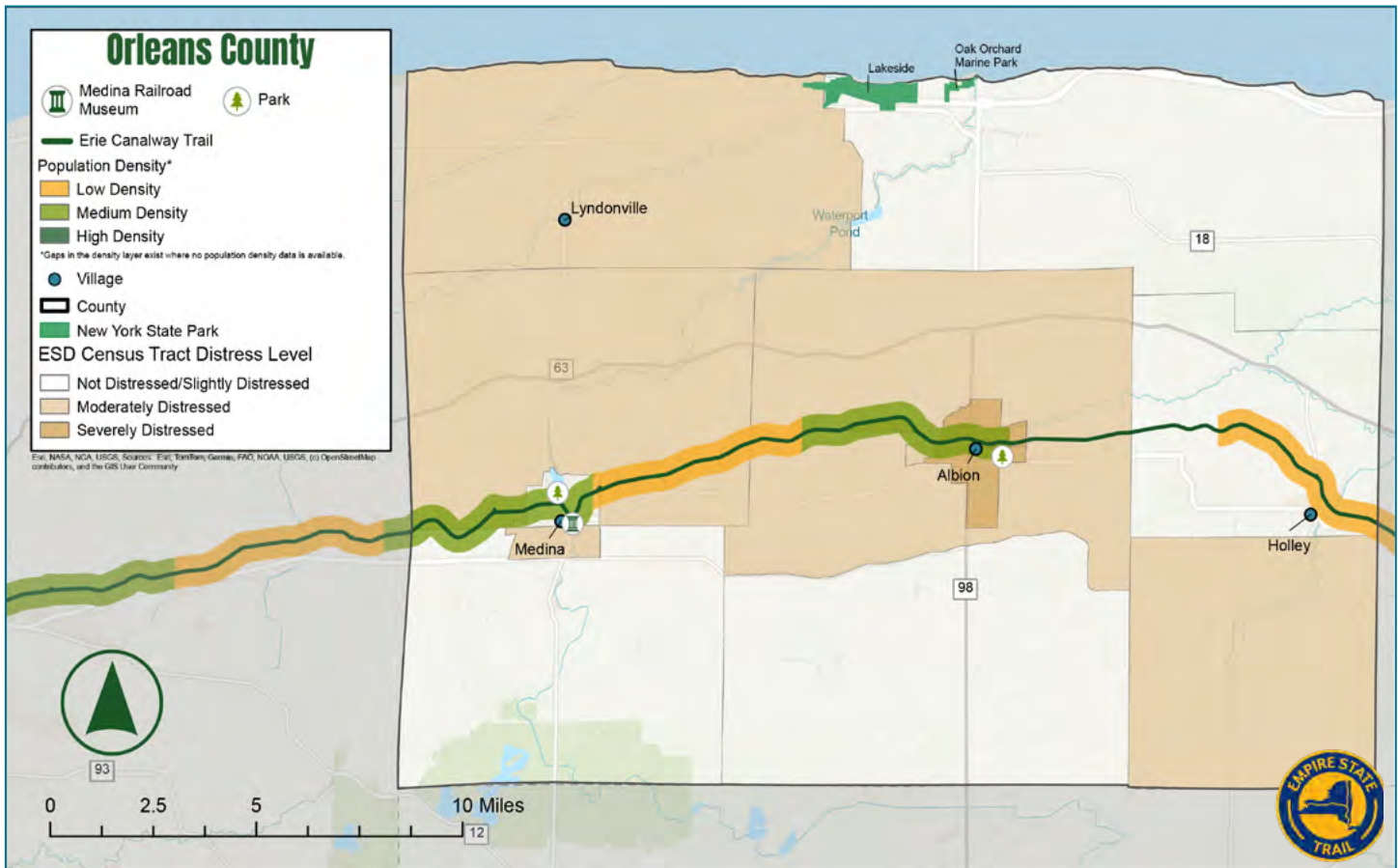
19.2 miles

serving distressed communities

6.69 million Vehicle Miles Traveled
(VMT) eliminated through trail use

\$793,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: ORLEANS COUNTY



Orleans County is located in western New York, along the historic Erie Canal between Rochester and Buffalo. The trail acts as a vital connector between the villages of Medina, Albion, and Holley.

Orleans County is home to 40,343 residents. The median household income is \$65,969, which is 23% lower than the statewide median income. The Erie Canalway Trail runs 29.4 miles through the county, including 29.4 miles of off-road trail and 15.5 miles through the distressed communities of Albion and Medina. The trail is primarily off-road.

In the county, the trail attracts 117,830 visitors per year, who spend an average of \$11.42 per visit. Spending is determined by population density along trail segments. The trail provides \$945,000 in health benefits to residents. The trail has also eliminated 1,116,000 in Vehicles Miles Traveled (VMT) and saved \$138,000 in emissions annually.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Orleans by the Numbers

29.4 miles

of the Empire State Trail within the County
with 29.4 miles of off-road trail

117,830 visits

to the County's trail segment each year

\$20.5 million

in economic output is generated
each year from trail visits

219 businesses

located within 1/4 mile of the trail

30,560 residents

live within 1/4 mile of the trail

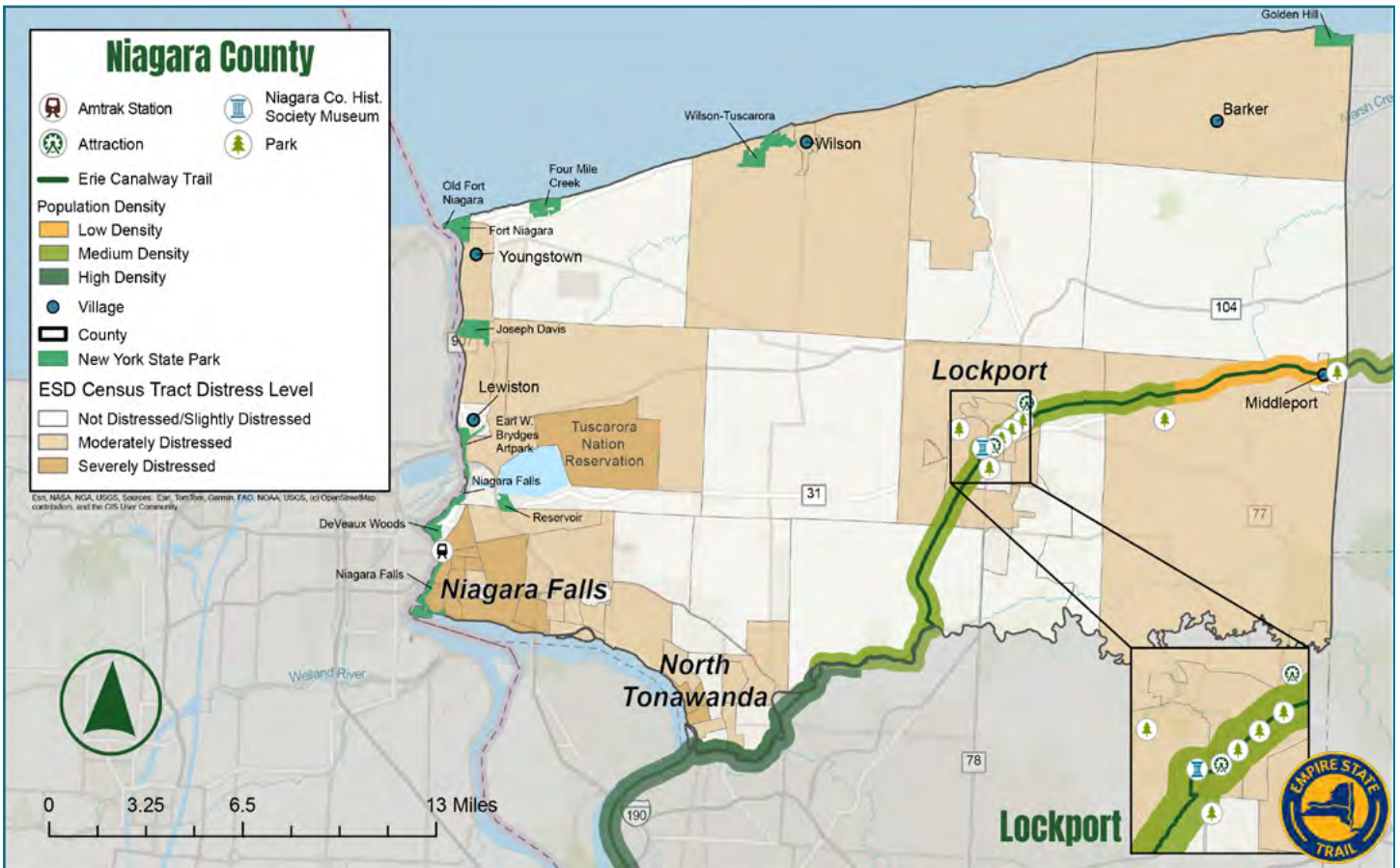
15.5 miles

serving distressed communities

1.16 million Vehicle Miles Traveled (VMT)
eliminated through trail use

\$138,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: NIAGARA COUNTY



Niagara County is located in western New York, along the historic Erie Canal and the Niagara River near Lake Ontario. The major cities in the county are Niagara Falls, Lockport, and North Tonawanda. The trail acts as a vital connector between these cities and the village of Middleport.

Niagara County is home to 212,666 residents. The median household income is \$70,339, which is 18% lower than the statewide median income. The Erie Canalway Trail runs 20.1 miles through the county, including 19.2 miles of off-road trail and 14.2 miles through distressed communities, including Middleport. The trail is primarily off-road.

In the county, the trail attracts 151,410 visitors per year, who spend an average of \$22.26 per visit. Spending is determined by population density along trail segments. The trail provides \$1,214,000 in health benefits to residents. The trail has also eliminated 1,494,000 in Vehicles Miles Traveled (VMT) and saved \$178,000 in emissions annually.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Niagara by the Numbers

20.1 miles

of the Empire State Trail within the County
with 19.2 miles of off-road trail

151,410 visits

to the County's trail segment each year

\$28.6 million

in economic output is generated
each year from trail visits

525 businesses

located within 1/4 mile of the trail

55,027 residents

live within 1/4 mile of the trail

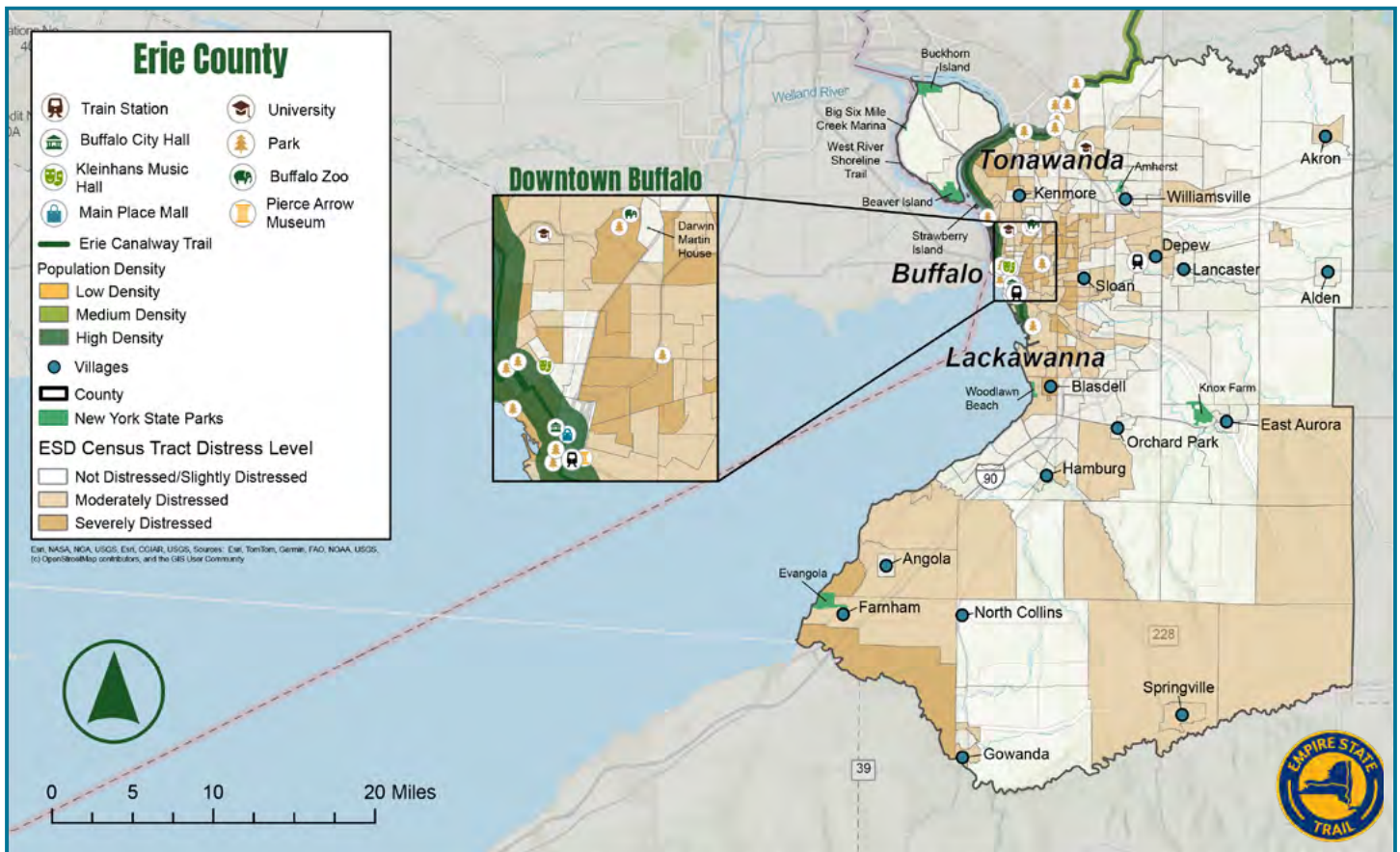
14.2 miles

serving distressed communities

1.49 million Vehicle Miles Traveled (VMT)
eliminated through trail use

\$178,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: ERIE COUNTY



Erie County is located in western New York, along the eastern shore of Lake Erie at the western terminus of the historic Erie Canal. The major city in the county is Buffalo. Buffalo marks the western endpoint of the Erie Canalway/Empire State Trail. The trail acts as a vital connector between Buffalo and the smaller city of Tonawanda.

Erie County is home to 954,236 residents. The median household income is \$73,011, which is 15% lower than the statewide median income. The Erie Canalway Trail runs 28.7 miles through the county, including 21.3 miles of off-road trail and 19.9 miles through distressed communities. The trail is primarily off-road, with the on-road portions concentrated in Downtown Buffalo.

In the county, the trail attracts 711,910 visitors per year, who spend an average of \$30.60 per visit. Spending is determined by population density along trail segments. The trail provides \$5,710,000 in health benefits to residents. The trail has also eliminated 7,025,000 in Vehicles Miles Traveled (VMT) and saved \$835,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Erie by the Numbers

28.7 miles
of the Empire State Trail within the County
with 21.3 miles of off-road trail

711,910 visits
to the County's trail segment each year

\$137.1 million
in economic output is generated
each year from trail visits

2,189 businesses
located within 1/4 mile of the trail

106,192 residents
live within 1/4 mile of the trail

19.9 miles
serving distressed communities

7.02 million Vehicle Miles Traveled (VMT)
eliminated through trail use

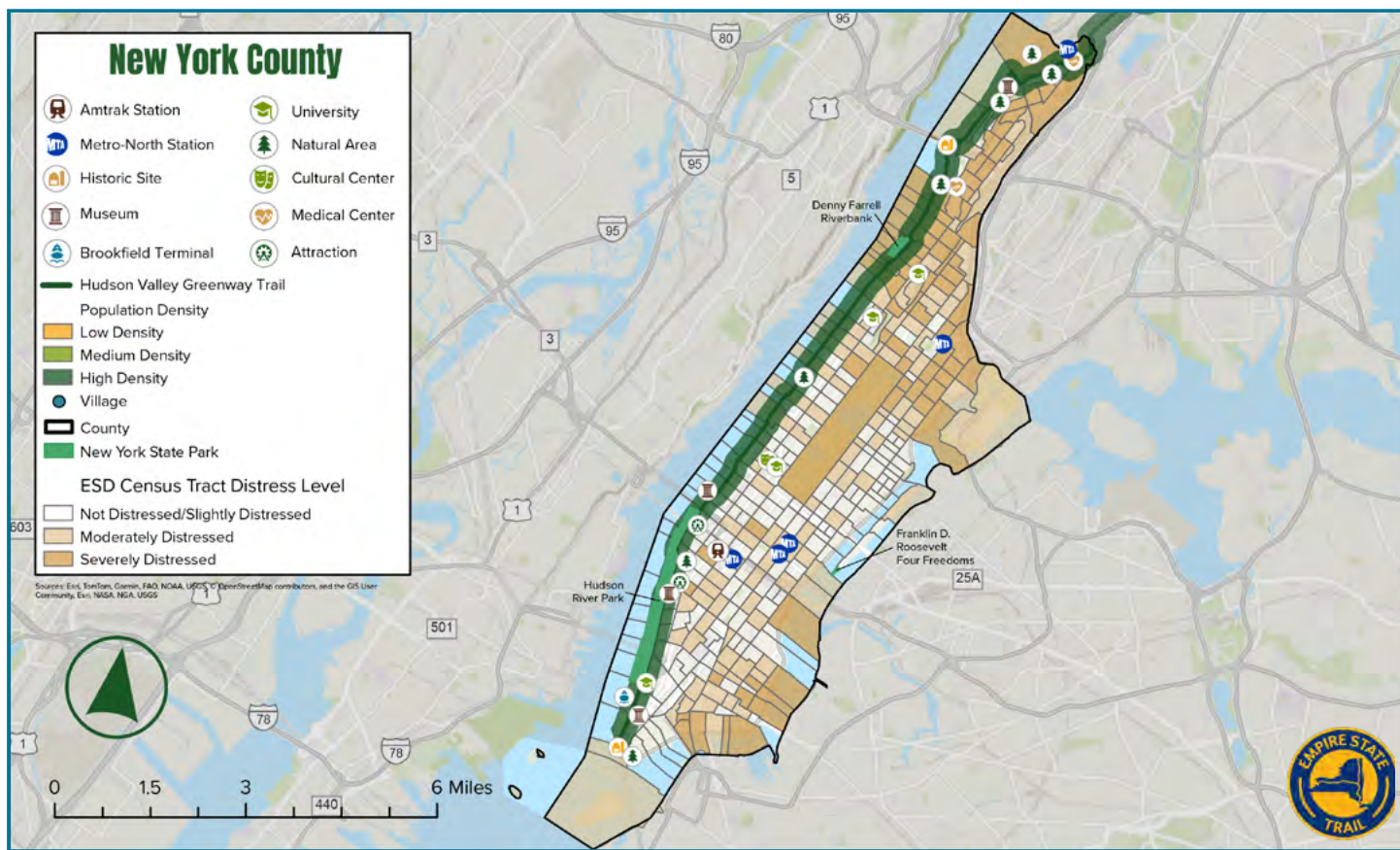
\$835,000 in carbon savings
from reductions in VMT



HUDSON VALLEY GREENWAY TRAIL

NEW YORK | BRONX | WESTCHESTER | PUTNAM | DUTCHESS | ULSTER | COLUMBIA | RENSSELAER

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: NEW YORK COUNTY



New York County (Manhattan) is located in the center of New York City, bounded by the Hudson, East, and Harlem Rivers. The trail acts as a vital connector along the waterfront, linking diverse neighborhoods to iconic landmarks throughout the borough.

New York County is home to 1,694,251 residents. The median household income is \$106,403, which is 24% higher than the statewide median income. The trail runs 14.9 miles through the county, including 7.3 miles through distressed communities. The trail is primarily off-road, featuring 12.9 miles of dedicated off-road pathways.

In the county, the trail attracts 2,935,813 visitors per year, who spend an average of \$38.78 per visit. Spending is determined by population density along trail segments. The trail provides \$23,549,000 in health benefits to residents. The trail has also eliminated 28,969,000 in Vehicles Miles Traveled (VMT) and saved \$3,445,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Manhattan by the Numbers

14.9 miles

of the Empire State Trail within the County
with 12.9 miles of off-road trail

2.9 million visits

to the County's trail segment each year

\$587.3 million

in economic output is generated
each year from trail visits

8,555 businesses

located within 1/4 mile of the trail

491,000 residents

live within 1/4 mile of the trail

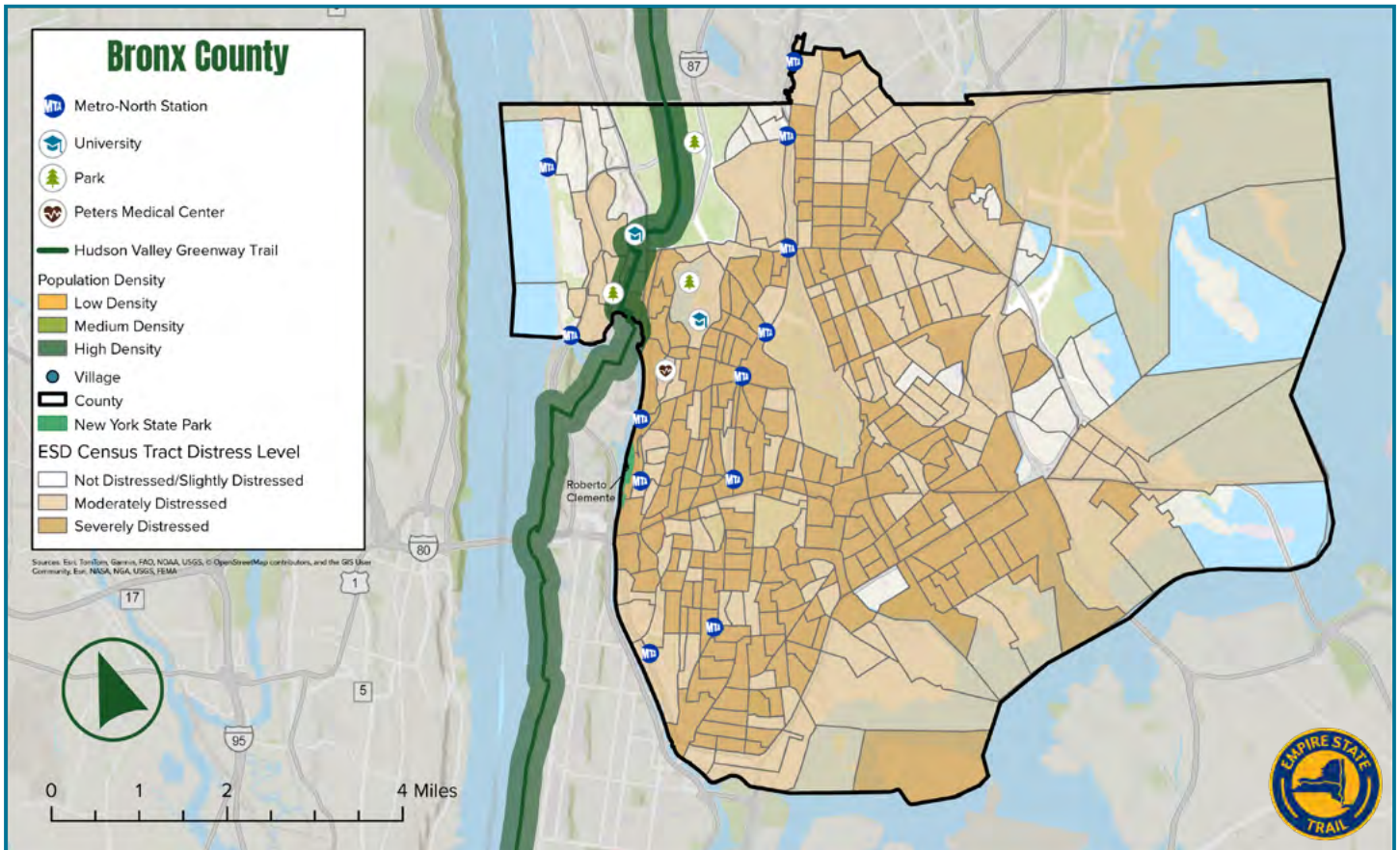
7.3 miles

serving distressed communities

28.97 million Vehicle Miles Traveled (VMT)
eliminated through trail use

\$3.4 million in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: BRONX COUNTY



Bronx County is New York City's northernmost borough and is situated primarily on the mainland of New York State. The trail acts as a vital connector between Manhattan and the northern suburbs, linking vibrant urban neighborhoods to expansive green spaces like Van Cortlandt Park.

Bronx County is home to 1,472,654 residents. The median household income is \$46,040, which is 46% lower than the statewide median income. The trail runs 3.0 miles through the county, including 1.3 miles through distressed communities. The trail features a mix of routing, with 1.8 miles located off-road.

In the county, the trail attracts 524,300 visitors per year, who spend an average of \$38.78 per visit. Spending is determined by population density along trail segments. The trail provides \$4,206,000 in health benefits to residents. The trail has also eliminated 5,174,000 in Vehicles Miles Traveled (VMT) and saved \$615,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Bronx by the Numbers

3 miles
of the Empire State Trail within the County
with 1.8 miles of off-road trail

524,300 visits
to the County's trail segment each year

\$100 million
in economic output is generated
each year from trail visits

594 businesses
located within 1/4 mile of the trail

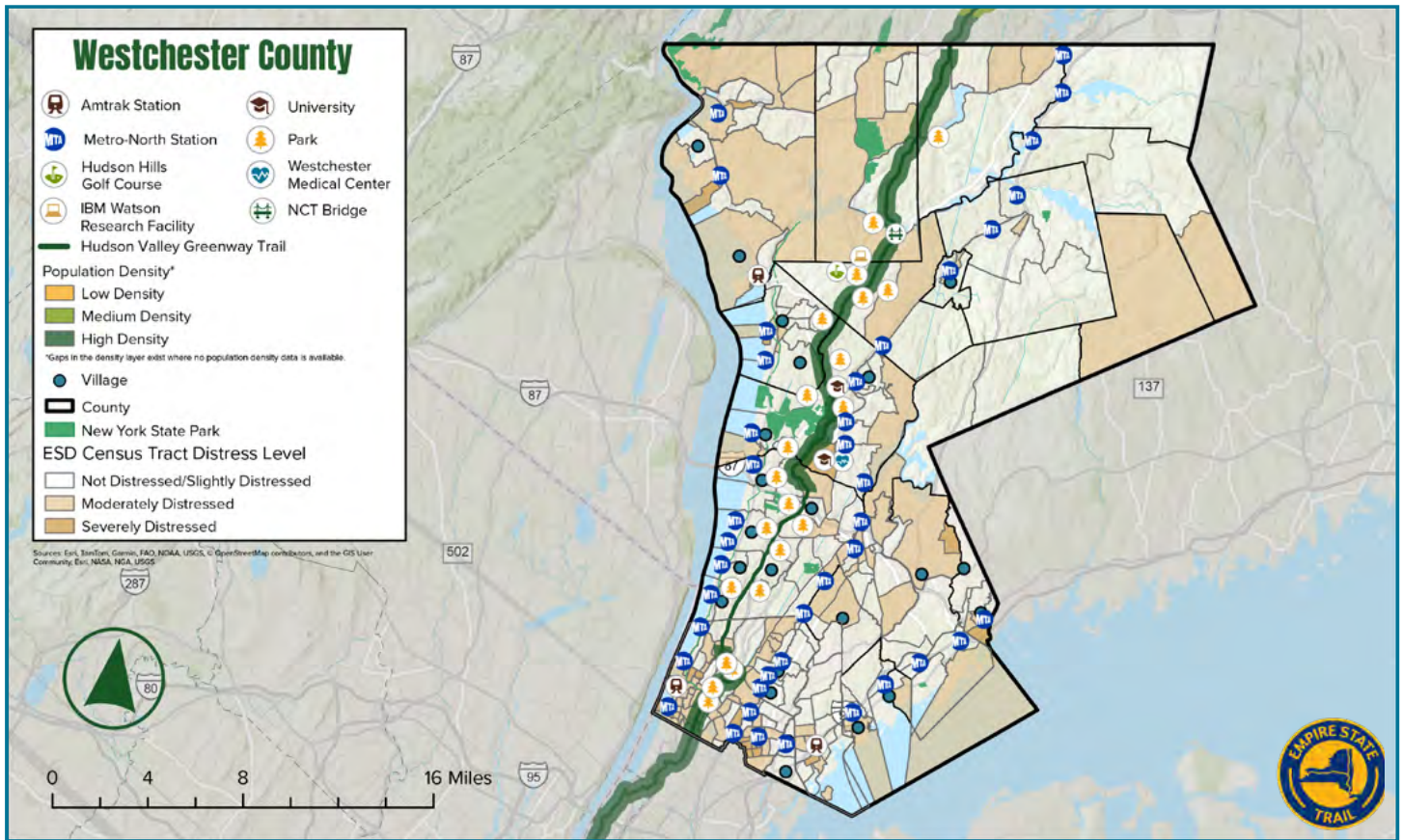
63,080 residents
live within 1/4 mile of the trail

1.3 miles
serving distressed communities

5.17 million Vehicle Miles Traveled (VMT) eliminated through trail use

\$615,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: WESTCHESTER COUNTY



Westchester County is located just north of New York City in the Hudson Valley. The major cities in the county are Yonkers, White Plains, and New Rochelle. The trail acts as a vital connector between these populous urban centers and smaller scenic river towns.

Westchester County is home to 1,004,457 residents. The median household income is \$118,596, which is 38% higher than the statewide median income. The trail runs 34.9 miles through the county, including 5.9 miles through distressed communities. The trail through this county is entirely off-road.

In the county, the trail attracts 647,620 visitors per year, who spend an average of \$36.33 per visit. Spending is determined by population density along trail segments. The trail provides \$5,195,000 in health benefits to residents. The trail has also eliminated 6,390,000 in Vehicle Miles Traveled (VMT) and saved \$760,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Westchester by the Numbers

34.9 miles

of the Empire State Trail within the County
with 34.9 miles of off-road trail

647,620 visits

to the County's trail segment each year

\$126.6 million

in economic output is generated
each year from trail visits

2,029 businesses

located within 1/4 mile of the trail

164,770 residents

live within 1/4 mile of the trail

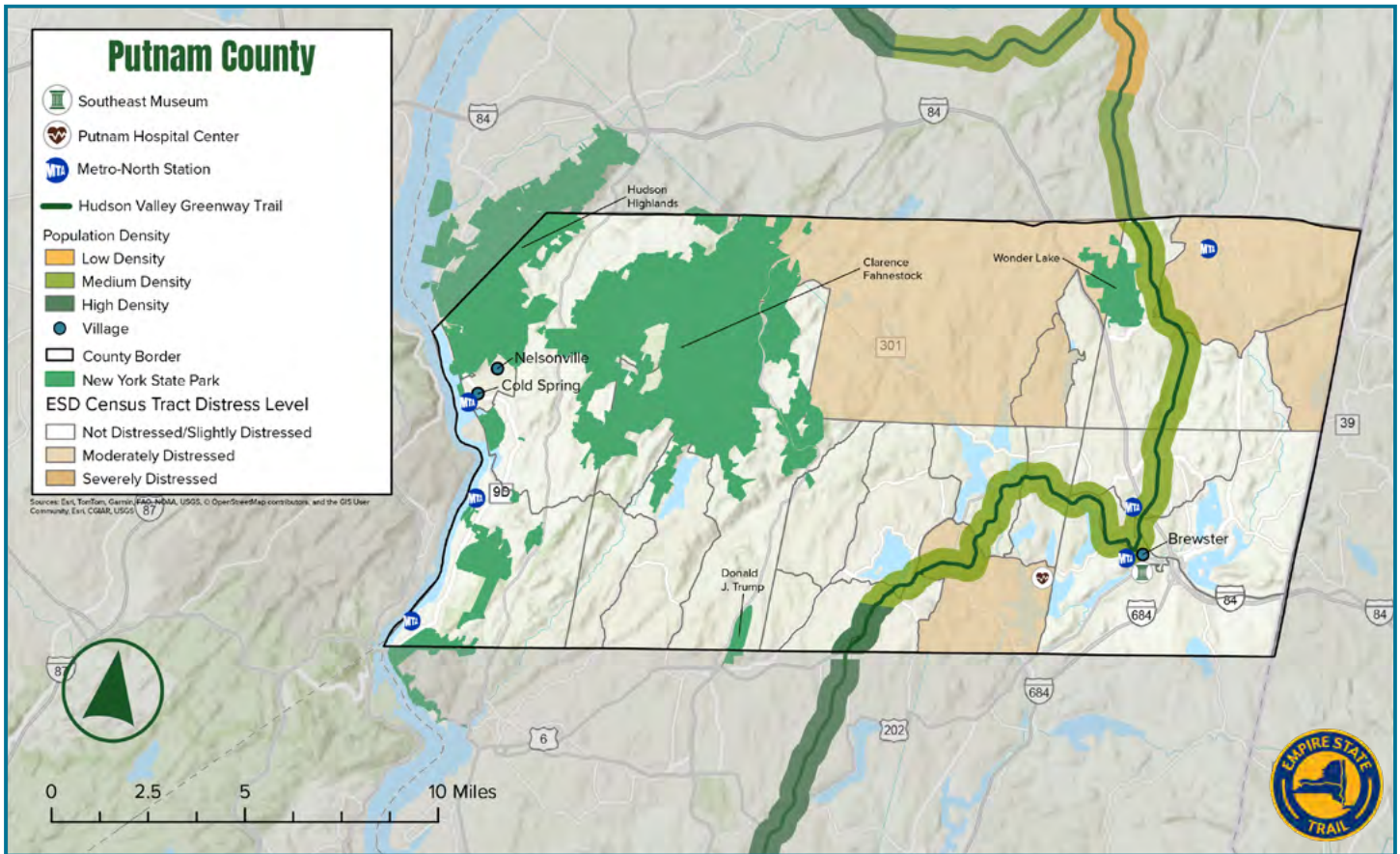
5.9 miles

serving distressed communities

6.39 million Vehicle Miles Traveled
(VMT) eliminated through trail use

\$760,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: PUTNAM COUNTY



Putnam County is located in the lower Hudson River Valley, characterized by its reservoirs and rugged highlands. Key communities include Carmel and the historic village of Cold Spring. The trail acts as a vital connector through this scenic landscape, linking local residents to the village of Brewster and broader regional network.

Putnam County is home to 97,668 residents. The median household income is \$121,485, which is 42% higher than the statewide median income. The trail runs 20.8 miles through the county, including 3.3 miles through distressed communities. The trail is almost entirely off-road, with 20.2 miles of dedicated off-road pathways.

In the county, the trail attracts 244,710 visitors per year, who spend an average of \$21.05 per visit. Spending is determined by population density along trail segments. The trail provides \$1,963,000 in health benefits to residents. The trail has also eliminated 2,415,000 in Vehicles Miles Traveled (VMT) and saved \$287,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Putnam by the Numbers

20.8 miles

of the Empire State Trail within the County
with 20.2 miles of off-road trail

244,710 visits

to the County's trail segment each year

\$45.5 million

in economic output is generated
each year from trail visits

694 businesses

located within 1/4 mile of the trail

56,818 residents

live within 1/4 mile of the trail

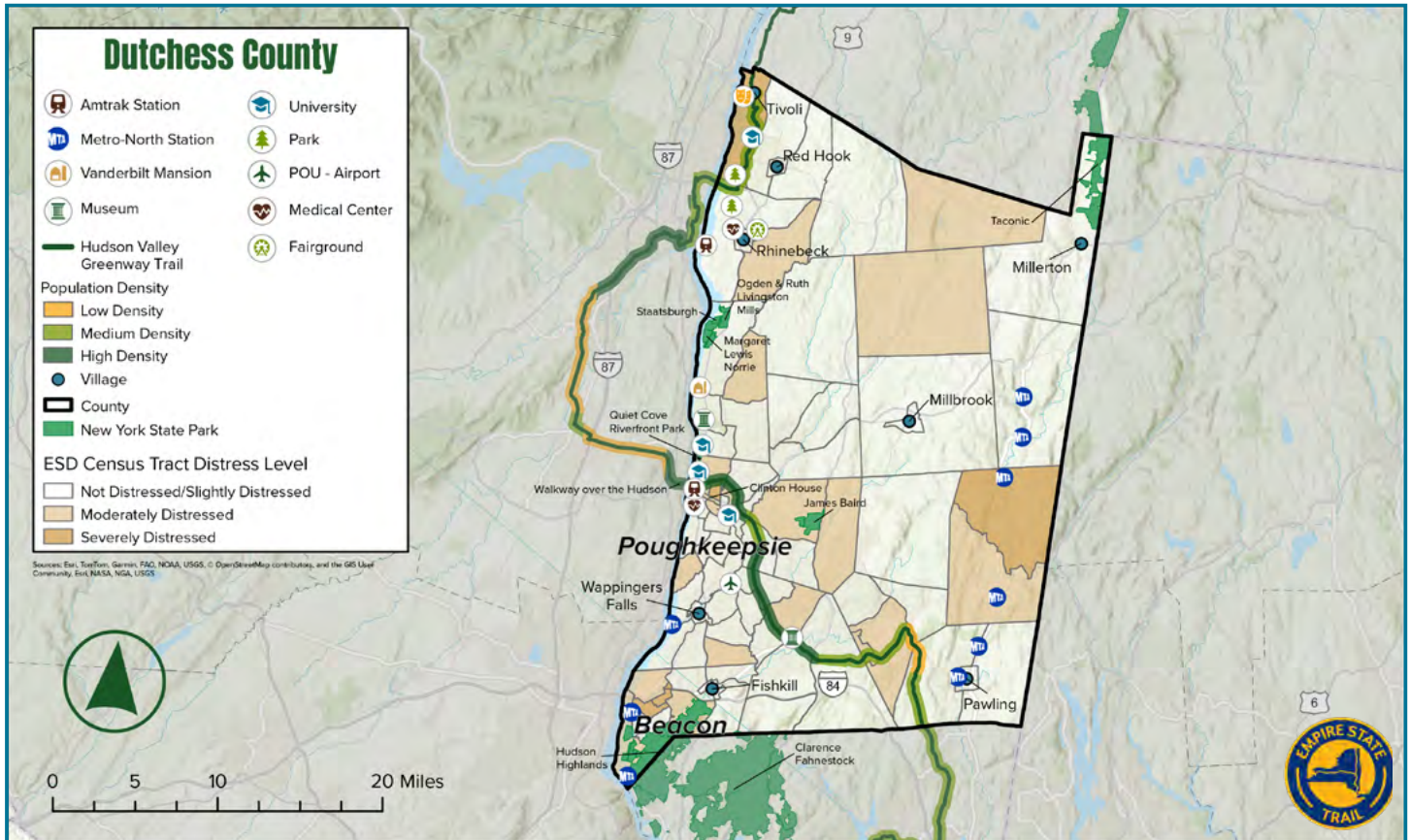
3.3 miles

serving distressed communities

2.42 million Vehicle Miles Traveled
(VMT) eliminated through trail use

\$287,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: DUTCHESS COUNTY



Dutchess County is located in the Mid-Hudson Region on the east bank of the Hudson River. The major cities in the county are Poughkeepsie and Beacon. The trail acts as a vital connector between the city of Poughkeepsie and the smaller historic villages throughout the countryside.

Dutchess County is home to 295,911 residents. The median household income is \$94,725, which is 10% higher than the statewide median income. The trail runs 39.0 miles through the county, including 21.8 miles through distressed communities. The trail is primarily off-road, featuring 30.5 miles of dedicated off-road paths.

In the county, the trail attracts 415,780 visitors per year, who spend an average of \$20.88 per visit. Spending is determined by population density along trail segments. The trail provides \$3,335,000 in health benefits to residents. The trail has also eliminated 4,103,000 in Vehicles Miles Traveled (VMT) and saved \$488,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Dutchess by the Numbers

39 miles

of the Empire State Trail within the County
with 30.5 miles of off-road trail

415,780 visits

to the County's trail segment each year

\$74.8 million

in economic output is generated
each year from trail visits

635 businesses

located within 1/4 mile of the trail

96,202 residents

live within 1/4 mile of the trail

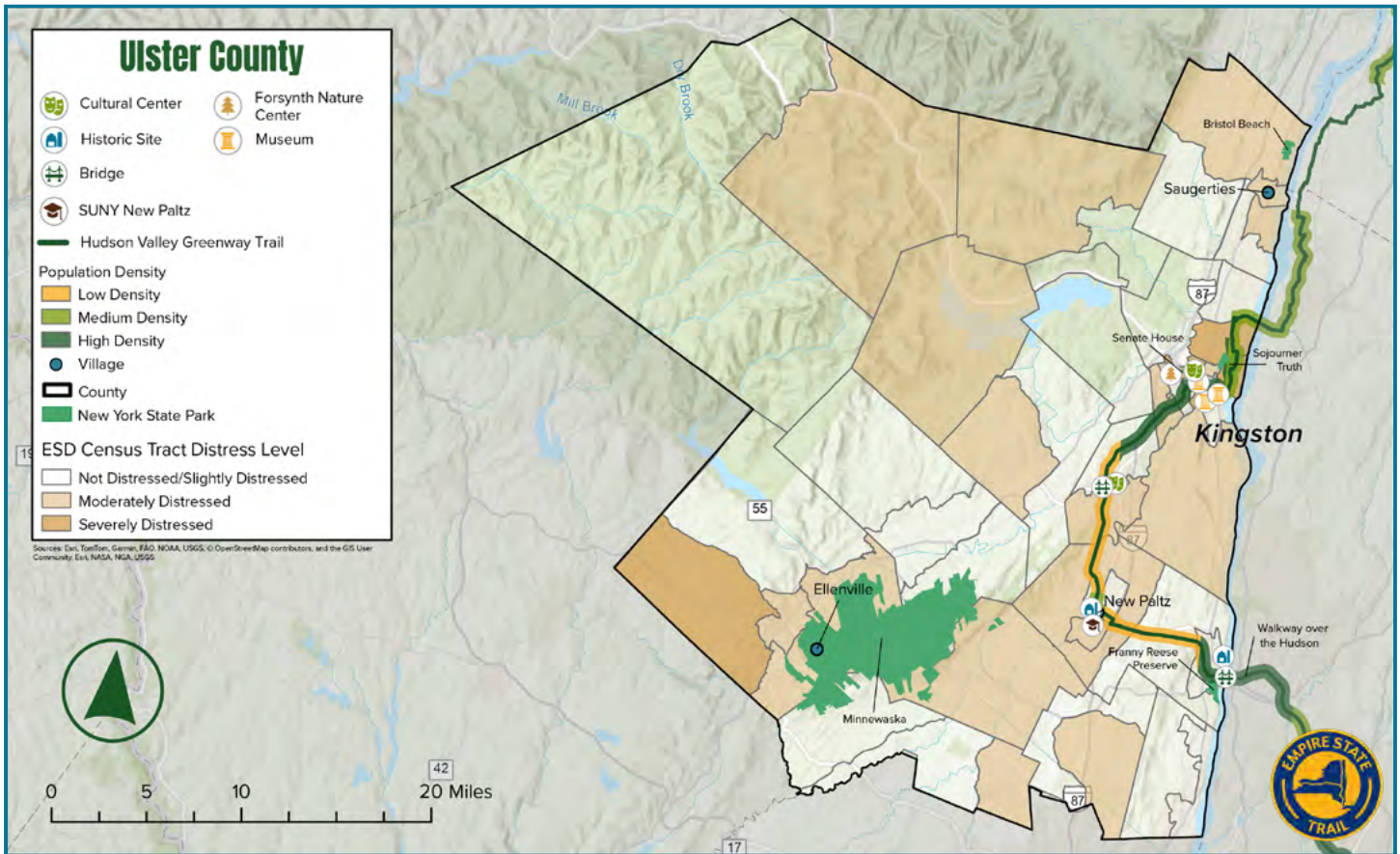
21.8 miles

serving distressed communities

4.1 million Vehicle Miles Traveled
(VMT) eliminated through trail use

\$488,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: ULSTER COUNTY



Ulster County is located in the Mid-Hudson Region on the west bank of the Hudson River, bordered by the Catskill Mountains. The major city in the county is Kingston. The trail acts as a vital connector between the city and smaller communities like New Paltz.

Ulster County is home to 181,851 residents. The median household income is \$87,847, which is 2% higher than the statewide median income. The trail runs 31.8 miles through the county, including 16.2 miles through distressed communities. The trail is primarily off-road, consisting of 22.9 miles of off-road pathways.

In the county, the trail attracts 398,180 visitors per year, who spend an average of \$19.61 per visit. Spending is determined by population density along trail segments. The trail provides \$3,194,000 in health benefits to residents. The trail has also eliminated 3,929,000 in Vehicle Miles Traveled (VMT) and saved \$467,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Ulster by the Numbers

31.8 miles

of the Empire State Trail within the County
with 22.9 miles of off-road trail

398,180 visits

to the County's trail segment each year

\$74 million

in economic output is generated
each year from trail visits

874 businesses

located within 1/4 mile of the trail

62,811 residents

live within 1/4 mile of the trail

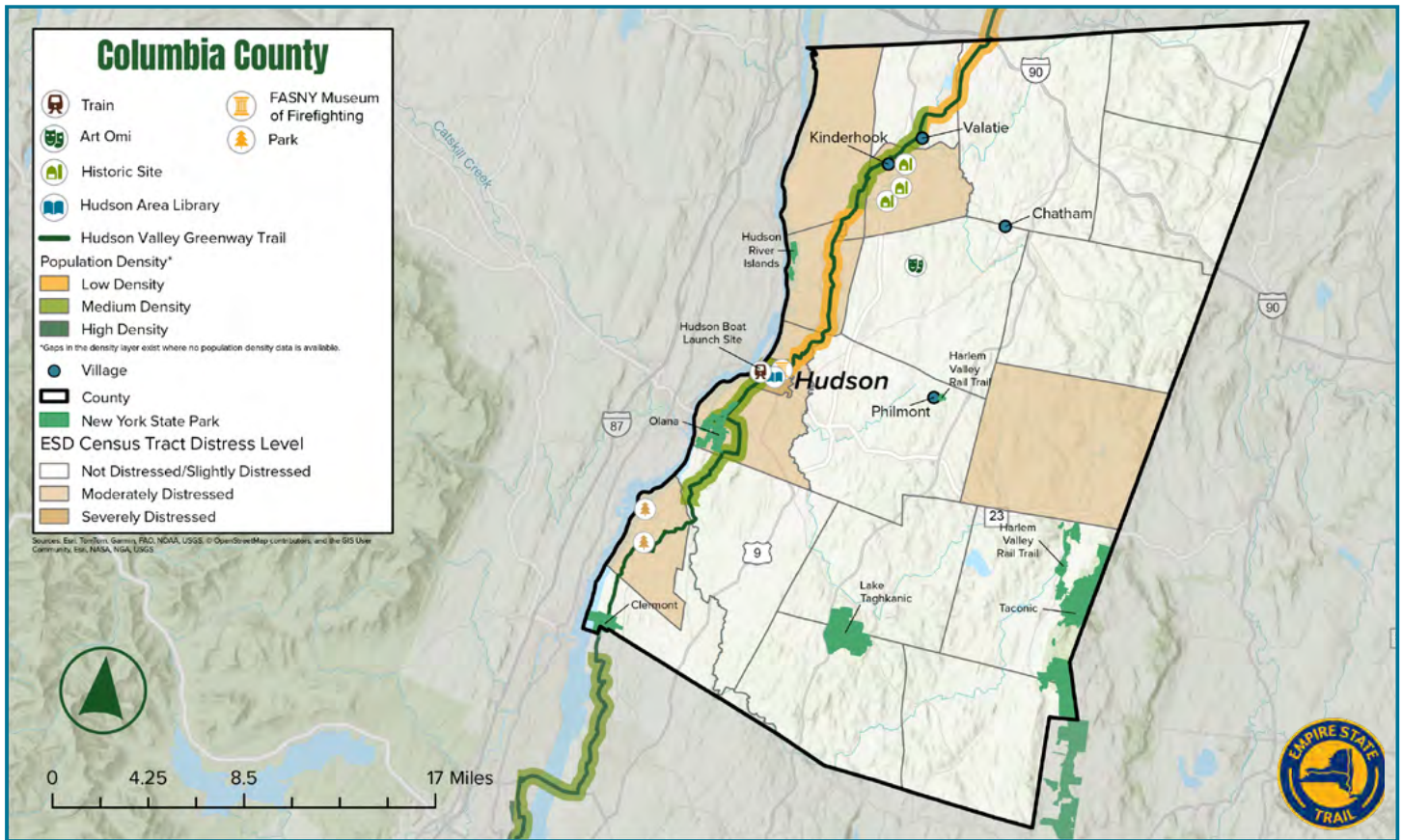
16.2 miles

serving distressed communities

3.93 million Vehicle Miles Traveled
(VMT) eliminated through trail use

\$467,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: COLUMBIA COUNTY



Columbia County is located in the upper Hudson Valley on the east bank of the river. The primary city in the county is Hudson. The trail acts as a vital connector between this central hub and the surrounding rural towns and agricultural communities.

Columbia County is home to 156,010 residents. The median household income is \$91,642, which is 7% higher than the statewide median income. The trail runs 40.2 miles through the county, including 26.7 miles through distressed communities. The trail features a mix of environments, with 17.2 miles of off-road pathways.

In the county, the trail attracts 215,370 visitors per year, who spend an average of \$11.42 per visit. Spending is determined by population density along trail segments. The trail provides \$1,727,000 in health benefits to residents. The trail has also eliminated 2,125,000 in Vehicles Miles Traveled (VMT) and saved \$253,000 in emissions.

Columbia by the Numbers

40.2 miles

of the Empire State Trail within the County
with 17.2 miles of off-road trail

215,370 visits

to the County's trail segment each year

\$38.2 million

in economic output is generated
each year from trail visits

492 businesses

located within 1/4 mile of the trail

41,082 residents

live within 1/4 mile of the trail

26.7 miles

serving distressed communities

2.13 million Vehicle Miles Traveled (VMT)
eliminated through trail use

\$253,000 in carbon savings
from reductions in VMT

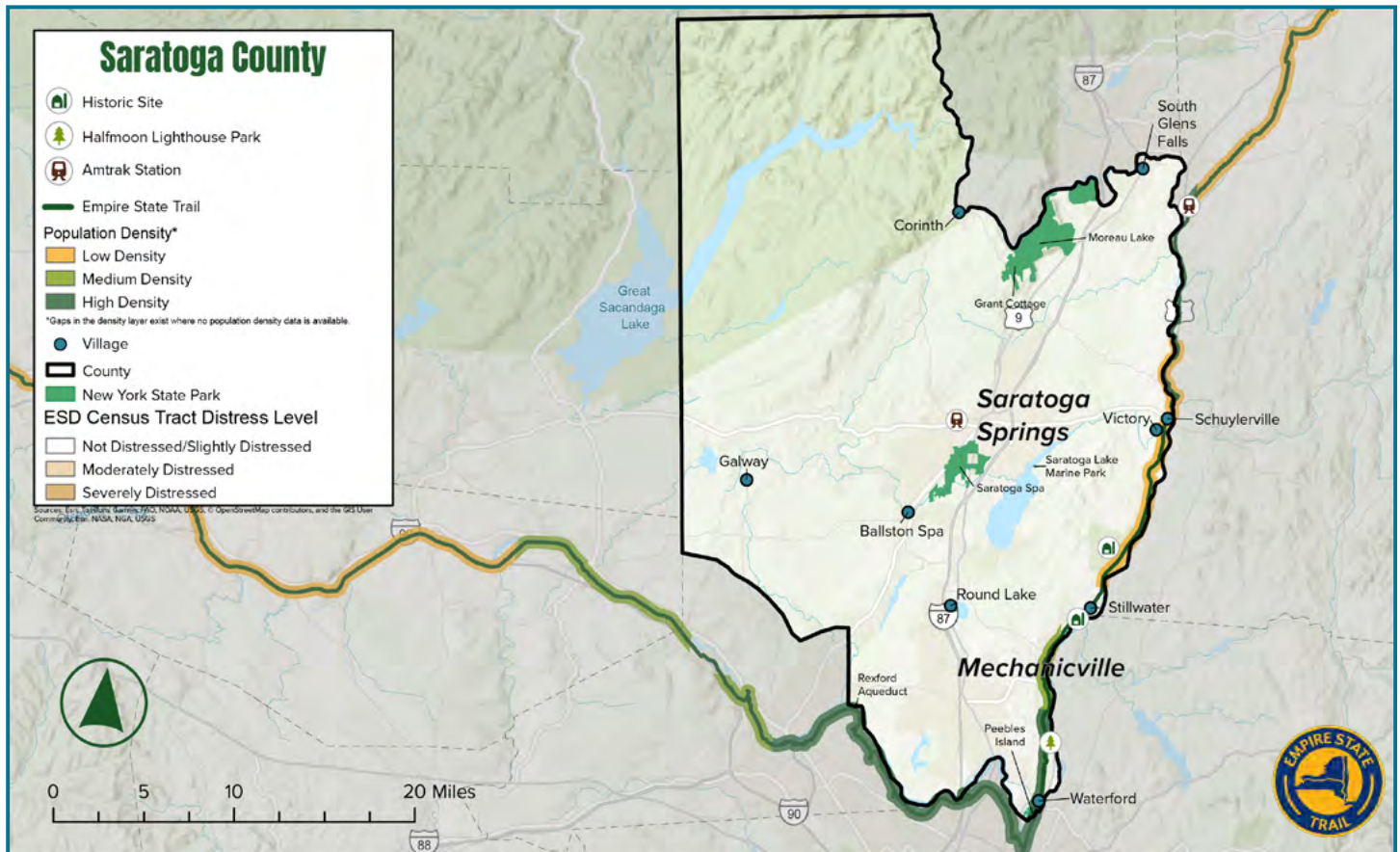




CHAMPLAIN VALLEY TRAIL

SARATOGA | WASHINGTON | ESSEX | CLINTON

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: SARATOGA COUNTY



Saratoga County is located north of Albany, near the confluence of the Hudson and Mohawk rivers. Major cities include Saratoga Springs and Mechanicville. The trail acts as a vital connector between the village of Waterford, city of Mechanicville, and villages of Stillwater and Schuylerville.

Saratoga County is home to 235,509 residents. The median household income is \$101,235, which is 18% higher than the statewide median income. The trail runs 25.7 miles through the county, including 8.1 miles through distressed communities. The trail relies mostly on on-road connections, featuring 6.1 miles of off-road pathways.

In the county, the trail attracts 94,630 visitors per year, who spend an average of \$25.27 per visit. Spending is determined by population density along trail segments. The trail provides \$759,000 in health benefits to residents. The trail has also eliminated 934,000 in Vehicles Miles Traveled (VMT) and saved \$111,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Saratoga by the Numbers

25.7 miles

of the Empire State Trail within the County
with 6.1 miles of off-road trail

94,630 visits

to the County's trail segment each year

\$17.9 million

in economic output is generated
each year from trail visits

366 businesses

located within 1/4 mile of the trail

60,512 residents

live within 1/4 mile of the trail

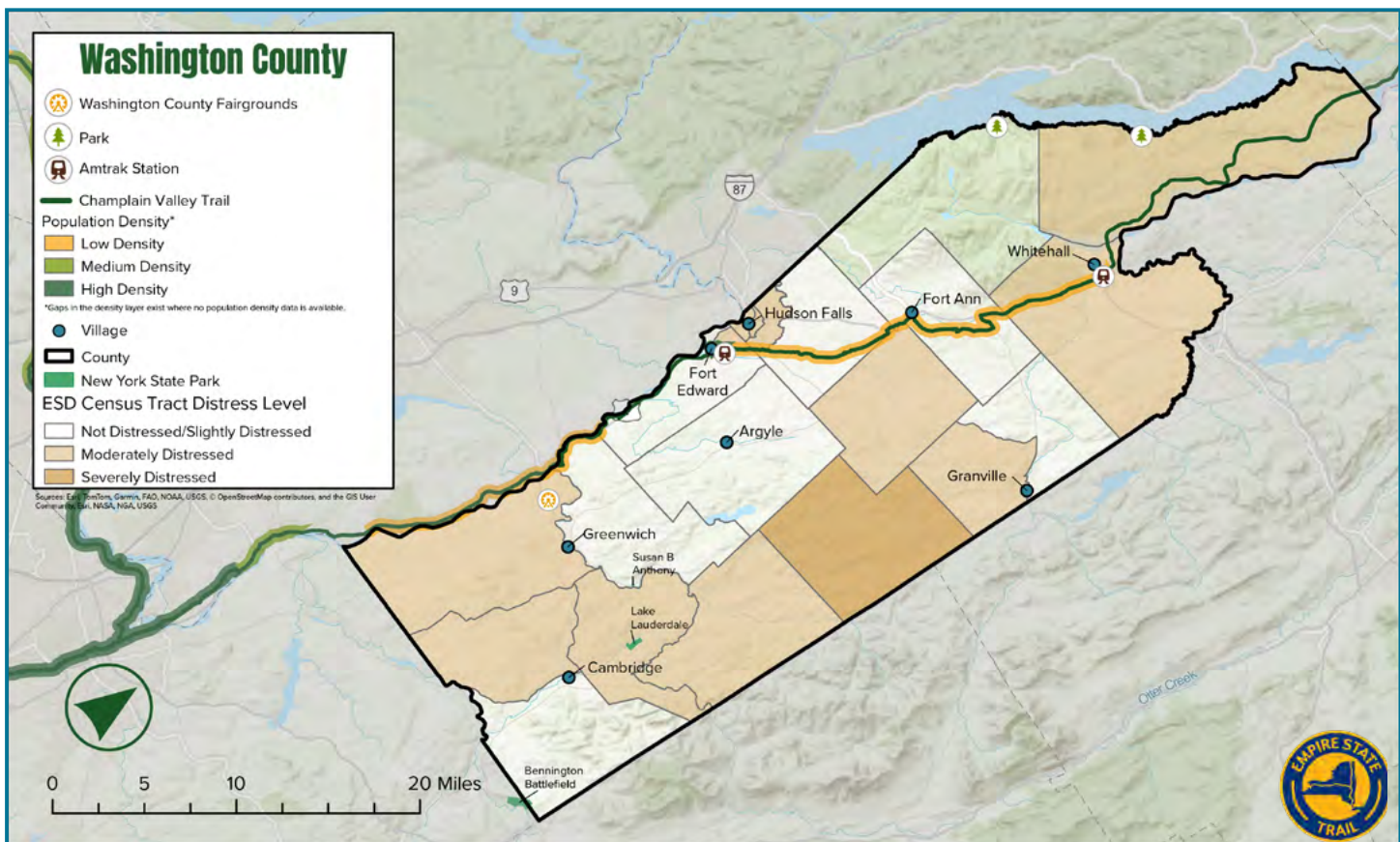
8.1 miles

serving distressed communities

934,000 Vehicle Miles Traveled (VMT)
eliminated through trail use

\$111,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: WASHINGTON COUNTY



Washington County is situated in eastern New York, bordering Vermont and the upper stretches of the Hudson River. Key communities include Hudson Falls, Fort Edward, and Whitehall. The trail acts as a vital connector through these historic canal towns and rolling agricultural landscapes.

Washington County is home to 61,302 residents. The median household income is \$73,495, which is 14% lower than the statewide median income. The trail runs 58.9 miles through the county, including 36.2 miles through distressed communities. The trail is predominantly on-road, with 8.3 miles of off-road pathways.

In the county, the trail attracts 73,760 visitors per year, who spend an average of \$12.65 per visit. Spending is determined by population density along trail segments. The trail provides \$592,000 in health benefits to residents. The trail has also eliminated 728,000 in Vehicles Miles Traveled (VMT) and saved \$87,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Washington by the Numbers

58.9 miles

of the Empire State Trail within the County
with 8.3 miles of off-road trail

73,760 visits

to the County's trail segment each year

\$13 million

in economic output is generated
each year from trail visits

210 businesses

located within 1/4 mile of the trail

30,786 residents

live within 1/4 mile of the trail

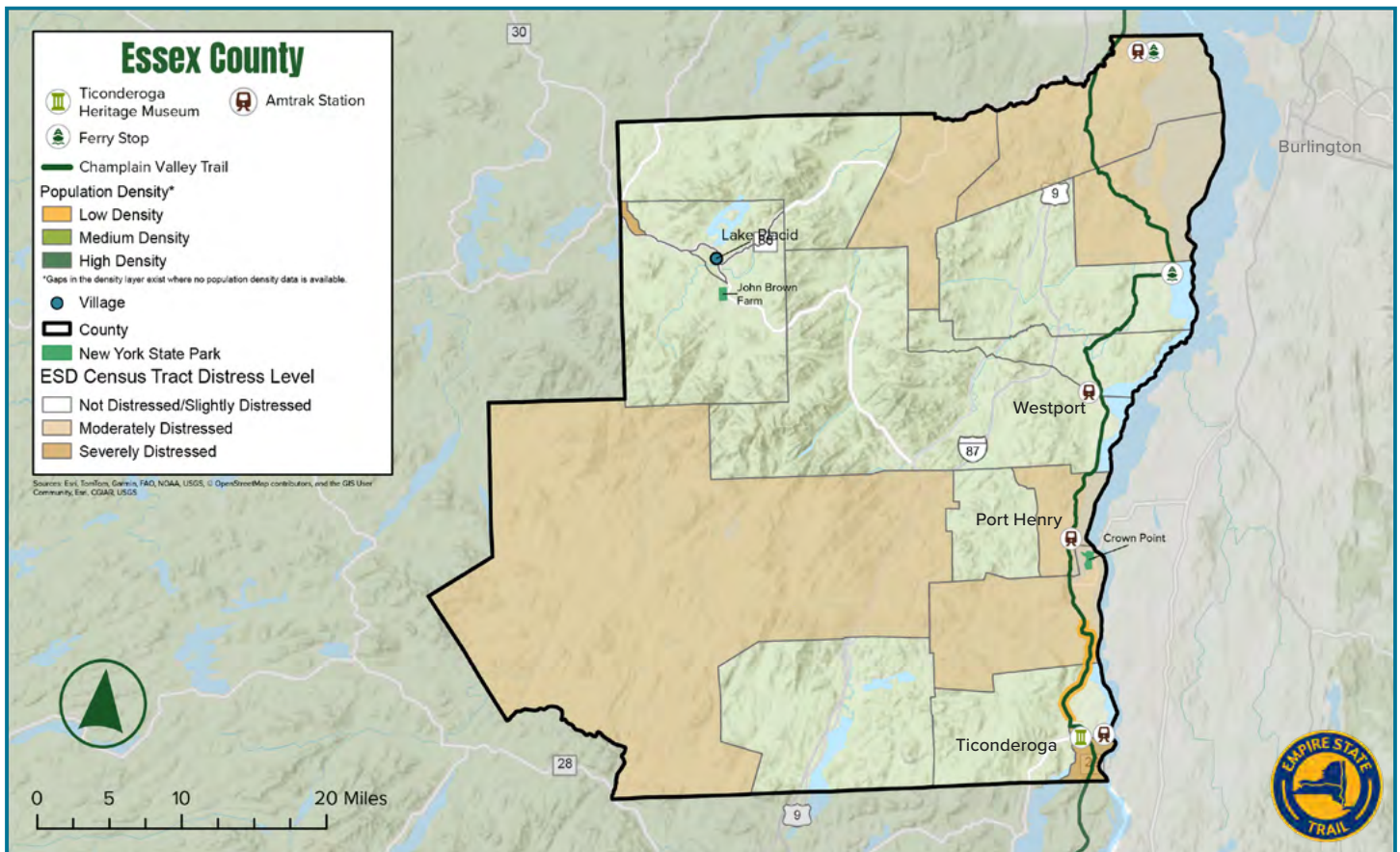
36.2 miles

serving distressed communities

728,000 Vehicle Miles Traveled (VMT)
eliminated through trail use

\$87,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: ESSEX COUNTY



Essex County is located in the Adirondack Mountains, stretching along the western shore of Lake Champlain. Key communities include Ticonderoga and Lake Placid. The trail acts as a vital connector along the scenic lakefront, linking natural landscapes with historic lakeside towns.

Essex County is home to 37,381 residents. The median household income is \$71,661, which is 16% lower than the statewide median income. The trail runs 61.0 miles through the county, including 56.4 miles through distressed communities. The trail here is entirely on-road.

In the county, the trail attracts 25,900 visitors per year, who spend an average of \$11.42 per visit. Spending is determined by population density along trail segments. The trail provides \$208,000 in health benefits to residents. The trail has also eliminated 256,000 in Vehicles Miles Traveled (VMT) and saved \$30,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Essex by the Numbers

61 miles

of the Empire State Trail within the County

25,900 visits

to the County's trail segment each year

\$5.5 million

in economic output is generated
each year from trail visits

378 businesses

located within 1/4 mile of the trail

19,997 residents

live within 1/4 mile of the trail

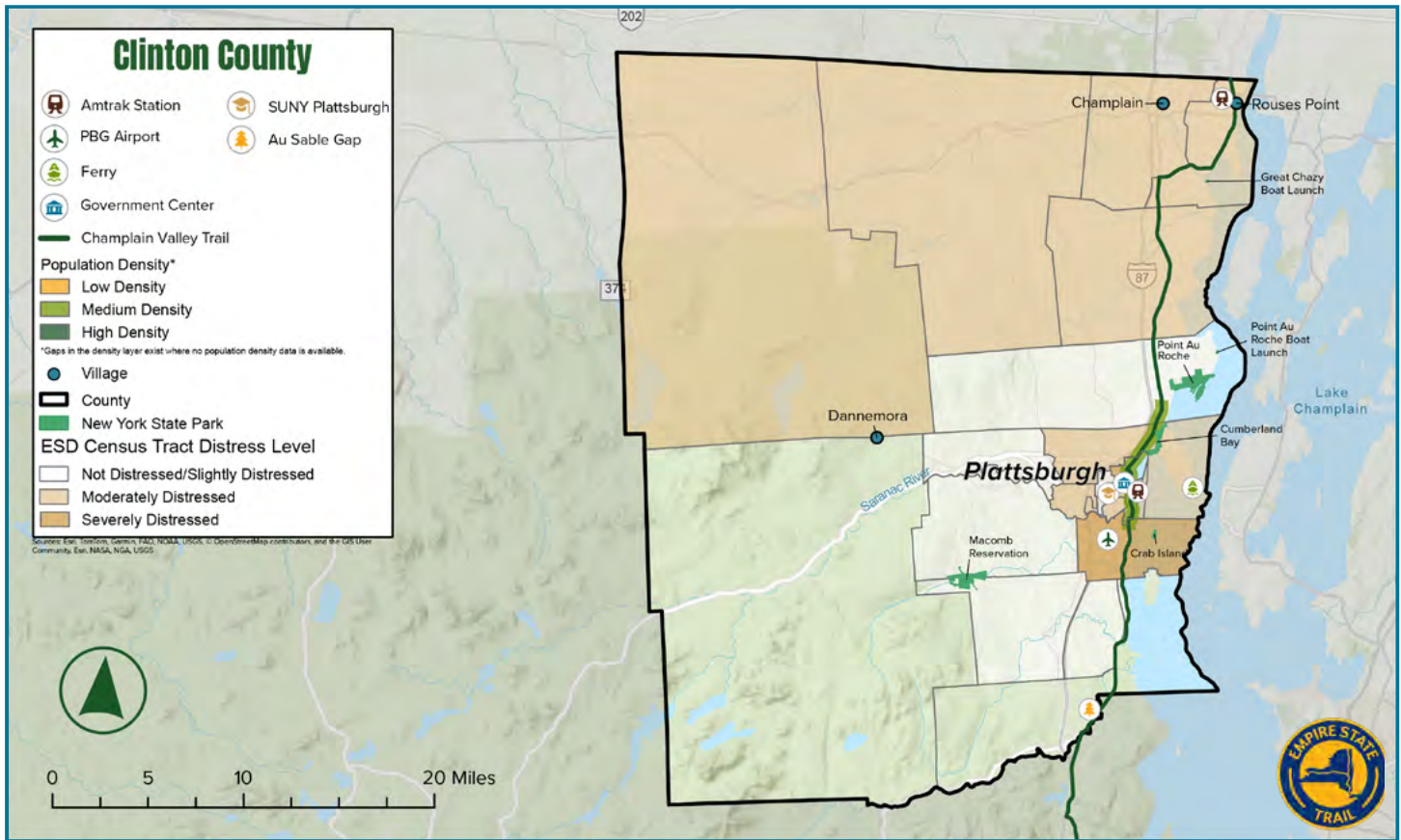
56.4 miles

serving distressed communities

256,000 Vehicle Miles Traveled (VMT)
eliminated through trail use

\$30,000 in carbon savings
from reductions in VMT

EMPIRE STATE TRAIL ECONOMIC IMPACT PROFILE: CLINTON COUNTY



Clinton County is located in the northeastern corner of New York, bordering Canada to the north and Lake Champlain to the east. The primary city in the county is Plattsburgh. The trail acts as a vital connector between this central economic hub and the smaller rural communities along the lake.

Clinton County is home to 79,843 residents. The median household income is \$68,526, which is 20% lower than the statewide median income. The trail runs 38.6 miles through the county, including 21.9 miles through distressed communities. The route is overwhelmingly on-road, with just 1.6 miles of off-road pathways.

In the county, the trail attracts 59,700 visitors per year, who spend an average of \$25.47 per visit. Spending is determined by population density along trail segments. The trail provides \$479,000 in health benefits to residents. The trail has also eliminated 589,000 in Vehicle Miles Traveled (VMT) and saved \$70,000 in emissions.

Learn more about the economic impact of the Empire State Trail in PTNY's 2026 Economic Impact Study: www.ptny.org

Clinton by the Numbers

38.6 miles

of the Empire State Trail within the County
with 1.6 miles of off-road trail

59,700 visits

to the County's trail segment each year

\$13 million

in economic output is generated
each year from trail visits

642 businesses

located within 1/4 mile of the trail

40,161 residents

live within 1/4 mile of the trail

21.9 miles

serving distressed communities

589,000 Vehicle Miles Traveled (VMT)
eliminated through trail use

\$70,000 in carbon savings
from reductions in VMT



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