

# CANAL CLEAN SWEEP SAFETY CHECKLIST

## TERMS & CONDITIONS

As a Canal Clean Sweep volunteer, some of the activities you perform may expose you to risks such as poison ivy, insect or other bites, injuries, or falls. It is your responsibility to know your own limitations and to only engage in activities suited to your abilities and physical conditions. Volunteers shall only engage in Canal Clean Sweep activities as directed by the event organizer. Canal Clean Sweep activities include, but are not limited to, the following: light maintenance work including litter pickup, mowing, brush control (but not the use of herbicides), cutting, trimming and planting, maintaining landscape vegetation, leveling of the trail treadway and minor repairs or refurbishment of trail signs, kiosks and other trailway facilities.

### Safety Checklist:

- Yield right of way to trail users.
- No motor vehicles shall be driven on trailway unless required for medical emergency.
- Do not pick up anything that could be hazardous to your health or safety. This includes needles, jagged glass, animal carcasses or heavy objects. If in doubt, contact the event organizer.
- Stay off the underside of overhead bridge structures. Do not lean over bridge railings, water embankments, or barriers and railings at the canal locks.
- Avoid overexertion and dehydration. Drink plenty of fluids.
- Do not engage in any activity that will compromise your safety, the safety of other volunteers, or trail users.
- Minors (ages 12-17) may not operate motorized or power equipment.
- Keep a safe distance between volunteers to avoid being whipped by branches or injury from tools.
- Be sure that areas to be mowed are clear of debris such as rocks, glass and other objects.
- Wear safety glasses and a hard hat when operating motorized equipment. Other volunteers and trail users should be well clear of cutting, mowing and trimming operations.
- Wear appropriate gloves and long pants. Learn to recognize and avoid poison ivy or other irritants. Leather shoes or boots are recommended.
- No horseplay.

**\*\* PLEASE CERTIFY THAT YOU HAVE READ AND UNDERSTAND THE ABOVE SAFETY CHECKLIST AND WILL PARTICIPATE IN ACCORDANCE WITH THE TERMS AND CONDITIONS OF CANAL CLEAN SWEEP BY ENTERING YOUR SIGNATURE ON THE VOLUNTEER SIGN-IN FORM. \*\***