

Cycling the Hudson Valley Volunteer Application 2010

Return to: Al Hastings Box 192. Cayuga, NY 13034

Name _____ E-mail address _____

Address _____

City _____ State _____ Zip _____

Phone # Home _____ Work _____

Cell Phone # _____ Will be used on Ride? Yes ___ No ___

T shirt Size - Adult Small ___ Medium ___ Large ___ X – Large ___ XX – Large ___

Previous experience volunteering on bicycle tours? Yes ___ No ___ HV ride Yes ___ No ___

What position? _____

I would like to volunteer and ride? ___ Volunteer and not ride? ___

My vehicle is available for a SAG vehicle? ___ or Rest Stop? ___

Days available

Tuesday ___ Wednesday ___
Thursday ___ Friday ___ Saturday ___ Sunday ___

Hours Available _____

Job Interest (indicate priority ie 1,2or3)

Truck Driver ___ Rest Stop ___ Nurse ___
Sag Driver ___ Information Booth ___
Bicycle Sag ___ Route Marker ___ Other ___

If applying for a SAG Driver or Truck Driver position please include:

Drivers License # _____ and State _____

Please list any restrictions or limitations you may have so that we can place you in the safest and most suited position for you (example: bad back) _____

Emergency Contact: Name _____ Relationship _____

Phone number – Home _____ Work _____

Job Descriptions

Truck driver & SAG driver and Information booth jobs can be worked every other day with the volunteer bicycling on the off day

Truck driver – Drive a 24-foot or smaller rental truck from one site to the next. Help with the loading and unloading of baggage. Start loading at 6:30 am. Help with closing up and loading the information area Leave with truck at about 9:00am Pick up ice along the way.

Arrive by noon at the overnight location. Start unloading with volunteers. Help set up the information area. Should be done by 2:00pm.

Morning Rest Stop – Cycle or drive to the site of the morning rest stop and help assist cyclist by preparing and serving the refreshments. Clean up following close. Assist in loading rest stop supply truck either in AM or PM Hours are 8:00am – 12 noon.

Afternoon Rest Stop – Cycle or drive to the site of the afternoon rest stop and assist cyclist by preparing and serving refreshments. Clean up following close. Assist in loading rest stop supply truck either in AM or PM. Hours are 12:00 – 5:00 pm

Sag Driver – Vehicle supplied or you can use your own.. Cruise the route under the direction of the asst ride director and provide help when necessary. Cell phone required. Transport riders to rest stop or finish when necessary. Keep asst. ride director advised of status. Hours 9:00am – 6:00pm(or when last rider finishes).

Information Booth – Be at the information booth throughout the hours it is open to coordinate with the local contacts and the riders to insure that riders get the

information they need. Become familiar with the site prior to the arrival of the riders so that you can answer questions. Help set up the information booth. Work with the local host community person. Place signage as necessary. Monitor recyclables. Hours 12:00 – 7:00pm

Bicycle Sag – Ride the course each day. Get to know riders. Look for problem areas and advise ride director. Deal with emergencies and problems as they arise. Should carry basic first aid kit (supplied). Take notes about the route attractions we should promote and problem areas so that we can improve the future events. One bicycle sag will be assigned the end (sweep) others dispersed throughout the ride. Hours – whatever it takes to do the course. Cell phone required.

Route Marker – Leave as early as possible to check the marks on the road to insure that they are plainly marked. Supplement the marks as necessary to insure our riders stay on course. Will carry paint to mark the roads.

Hours – 6:00am until done

Nurse – RN to help with medical needs particularly in the afternoon & evening.

Other – Any other jobs that you think you could fill that would make the ride better.

For additional information or questions contact Al Hastings at 607.423-2769 or

ahastin@aol.com