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Friday, July 10, 2009

# Cross-state cycle tour begins Sunday

Business First of Buffalo

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More than 500 cyclists will participate in the 11th annual cross-state bike tour from Buffalo to Albany, which begins on Sunday.

The 400-mile, eight-day bicycle tour is sponsored by **Parks & Trails New York** and **New York State**

**Canal Corp.** This year's participants come from 39 states, as well as several foreign countries.

The tour will begin with breakfast at Buffalo's **Nichols School** from 5:30 to 7:30 a.m. on Sunday. Cyclists will bike through Amherst, Lockport and Middleport on the first day, stopping overnight at Medina Middle School.

Monday morning will be spent biking through Orleans County, before the cyclists exit Western New York and continue toward their Monday night stop at **Nazareth College** in Pittsford.

Roughly two-thirds of this year's tour will take place on completed portions of the Canalway Trail. The east-west trail is designed to stretch more than 500 miles across Upstate New York.

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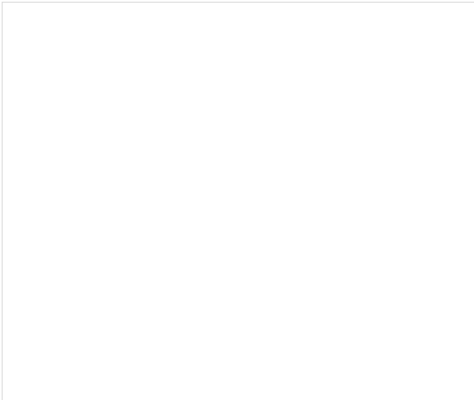
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