



## NEWS RELEASE

**Media Contacts:** Robin Dropkin  
518-434-1583  
rdropkin@ptny.org  
www.ptny.org

---

**Media Contacts:**  
**Robin Dropkin – Executive Director**  
**Office (518) 434-1583**  
**cell: (518) 929-5043**  
**Al Hastings – Ride Director**  
**(607) 423-2769**  
[HUDSONTOUR@PTNY.ORG](mailto:HUDSONTOUR@PTNY.ORG)  
[WWW.PTNY.ORG/HUDSONTOUR](http://WWW.PTNY.ORG/HUDSONTOUR)

### **MEDIA ADVISORY - Great Hudson Valley Pedal** **DAYS 4-6: HYDE PARK→GARRISON→NYACK→NYC**

#### **175 cyclists take six-day tour through Hudson Valley** **—Walkway Over the Hudson lynchpin of tour—**

ALBANY, N.Y. – Some 175 bicyclists from 20 states and Canada are participating in the 6<sup>th</sup> annual *Great Hudson Valley Pedal* event, organized by Parks & Trails New York, a statewide not-for-profit organization. The 200-mile bicycle tour ends on Sunday, August 15 in New York City.

“The *Great Hudson Valley Pedal* is a fun and exciting event, with five fabulous bridge crossings over the Hudson River, including the Walkway over the Hudson,” says Robin Dropkin, Executive Director of Parks & Trails New York. “We have riders spanning ages 8 to 86, plus many volunteers in communities along the route ready to welcome riders and help them discover what makes the Hudson Valley region so unique.”

Cyclists will leave Hyde Park the morning of Friday, August 13, cross the Walkway over the Hudson, a highlight of the tour for many cyclists, stop at the historic Gomez Mill House and end up in Garrison, where the Capuchin Franciscan Youth & Family Ministries is the location of the “tent city.”

Saturday, August 14, begins with a tour of West Point, the oldest military academy in the country. Riders will pass through the dramatic and scenic gorge of the Hudson River as it cuts through the Appalachians. They will visit Bear Mountain State Park, the park nestled along the Hudson River that

welcomes more visitors every year than Yellowstone. Riders will end their day in Nyack, at Nyack Beach State Park, with a dinner and celebration to mark the last evening of the tour.

On Sunday, August 15, the final day of the *Great Hudson Valley Pedal*, cyclists will cross the George Washington Bridge for their last panoramic river crossing. They will then follow the bike path along the west side of Manhattan to reach South Street Seaport, the end point of the tour.

The Hudson River Valley Greenway and Hudson River Valley National Heritage Area are the premier sponsors of the *Great Hudson Valley Pedal*. Con Edison is the Champion Corporate Sponsor. Central Hudson Gas & Electric Corporation and I Love NY are the Supporting Hudson Valley Sponsors.

Parks & Trails New York is a statewide not-for-profit organization working to create a network of parks, trails and open space across the state for all to use and enjoy. Funds raised will help support Parks & Trails New York's park and trail programs.

The Hyde Park to NYC schedule is as follows:

**Friday August 13 – Hyde Park to Garrison**

**Overnight: Capuchin Franciscan Youth & Family Ministries, Garrison**

**6:30am– 8:00am** – Breakfast at Regina Coeli School

**8:00 – 11:00am** – AM Rest Stop – Gomez Mill House

**11:00pm – 4:00pm** – Afternoon Rest Stop – St Lukes Episcopal Church, Rt 9D Beacon  
Beacon Mountain Hike -Time TBA from Rest Stop

**5:30pm – 7:00pm** – Dinner – Capuchin Franciscan Youth & Family Ministries

**7:00pm – 9:00pm** – Music at campsite

**Saturday August 14 – Beacon to Nyack**

**Overnight: Upper Plateau Nyack Beach State Park, Nyack**

**6:30am– 8:00am** – Breakfast Capuchin Franciscan Youth & Family Ministries

**8:30am – 9:00am** – West Point Museum Visitors Center Parking Lot

**9:00am – 11:00am** – West Point Bus Tour: Features a rare stop at Revolutionary War Fort Putnam that provides the most spectacular views of any spot on the West Point grounds.

**12:00pm – 5:00 pm** – Afternoon Rest stop- River Front Park Grassy Point Rd Stony Point

**2:00pm – 6:00pm** – Shuttle to downtown (2 mi)

**5:00pm – 6:30pm** – Dinner at the campsite

**7:00pm – 8:30pm** – Program and Celebration

**Sunday, August 15 – Nyack to NYC**

**6:30am– 8:00am** – Breakfast at the Runcible Spoon

**8:00am – 12:00pm** – Morning Rest Stop-Ross Dock

**10:30am – 3:00pm** Tour Finish South Street Seaport

**4:00pm** – Shuttle Leaves for Albany